



SANI STAGGER

23 November 2019

42KM



Race No	Name	Gender	Age Cat	Time	Gender Pos	Age Cat Pos	Overall Pos
412	Prodigal KHUMALO	Male	Open	03:14:37	1	1	1
393	Nkosikhona MHLAKWANA	Male	Open	03:16:25	2	2	2
377	Mosoeunyane MORAPALLA	Male	40-49	03:26:07	3	1	3
144	Thompson MAGAGANE	Male	Open	03:33:25	4	3	4
133	Peter LISLE	Male	Open	03:34:14	5	4	5
31	Rainer BUCKI	Male	Open	03:34:21	6	5	6
383	Philip SHEZI	Male	Open	03:36:34	7	6	7
139	Thabang MADIBA	Male	Open	03:42:39	8	7	8
378	Sanele MTHEKU	Male	Open	03:52:06	9	8	9
43	Nhlanhla CILI	Male	Open	03:55:37	10	9	10
382	Mbongeni SOSIBO	Male	50-59	03:56:51	11	1	11
400	Sherphard CHITAKE	Male	Open	04:00:15	12	10	12
300	Releboile SEFEANE	Male	Open	04:01:03	13	11	13
394	Bonginkosi MTHEMBU	Male	Open	04:19:04	14	12	14
114	Nelson KGANYAGO	Male	Open	04:20:16	15	13	15
387	Zamokwakhe MBANJWA	Male	Open	04:22:13	16	14	16
360	Vernon VISSER	Male	Open	04:23:23	17	15	17
240	Mxolisi NGWENYA	Male	Open	04:27:26	18	16	18
392	Patrick MBANJWA	Male	40-49	04:27:51	19	2	19
136	Douglas LONG	Male	40-49	04:36:19	20	3	20
388	Simphiwe NDINGI	Male	Open	04:37:57	21	17	21
381	Velani SOSIBO	Male	40-49	04:37:58	22	4	22
86	Julia HACKLAND	Female	40-49	04:38:30	1	1	23
95	Shane HILLIAR	Male	Open	04:41:10	23	18	24
397	Sandile MAKHAYE	Male	40-49	04:42:42	24	5	25
419	Luke POWERS	Male	40-49	04:42:43	25	6	26
93	Anja HEENOP	Female	Open	04:44:23	2	1	27
330	Sibongiseni THUSI	Male	Open	04:50:05	26	19	28
179	Mark MCCALGAN	Male	40-49	04:52:13	27	7	29
170	Sanele MATHENJWA	Male	Open	04:52:51	28	20	30
90	Richard HARRISON	Male	40-49	04:53:56	29	8	31
74	Apiwe GAGA	Female	Open	04:54:05	3	2	32
224	Bonga MVELASE	Male	Open	04:55:15	30	21	33
336	Nkeke TSOLE	Male	40-49	04:57:00	31	9	34
56	Sizile DIMBA	Female	Open	05:00:07	4	3	35
235	Mbali NGCOBO	Female	40-49	05:00:12	5	2	36
19	Bongani BILANKULU	Male	Open	05:00:31	32	22	37
389	Thabani ZONDI	Female	Open	05:02:37	6	4	38
11	Lizo BANGO	Male	40-49	05:03:27	33	10	39
110	Johann KASSIER	Male	40-49	05:04:10	34	11	40
322	Bronwyn TAYLOR	Female	40-49	05:04:26	7	3	41
223	Mthoko MVELASE	Male	Open	05:04:34	35	23	42
357	Mpilonhle VILAKAZI	Male	Open	05:04:35	36	24	43
124	Janneke LEASK	Female	Open	05:05:25	8	5	44
83	Thulani GWALA	Male	40-49	05:05:59	37	12	45
32	Joanna BURGERS	Female	40-49	05:09:53	9	4	46
403	Mhleli GABADA	Male	Open	05:11:15	38	25	47
84	Christoff HAARHOFF	Male	Open	05:14:58	39	26	48
272	Lonwabo QITHI	Male	Open	05:17:21	40	27	49
350	Pieter VAN DEVENTER	Male	Open	05:20:01	41	28	50
294	Melissa SCHEEPERS	Female	Open	05:20:12	10	6	51
91	Matthew HARVEY	Male	40-49	05:21:53	42	13	52

49	Jason CRONK	Male	40-49	05:21:54	43	14	53
204	Jodine MOMBERG	Female	Open	05:22:01	11	7	54
396	Luzuko MDELISWA	Male	Open	05:22:02	44	29	55
317	Christel STIGLINGH	Female	Open	05:22:13	12	8	56
258	Annelien PELSER	Female	50-59	05:23:12	13	1	57
138	Tumelo MABUA	Male	Open	05:23:32	45	30	58
259	Suhanri PELSER	Female	Open	05:24:34	14	9	59
18	Marius BESTER	Male	Open	05:25:35	46	31	60
249	Nico NORTJE	Male	40-49	05:25:36	47	15	61
293	Douglas SAXBY	Male	Open	05:25:43	48	32	62
310	Mziwamadoda SKOSANA	Male	50-59	05:26:36	49	2	63
328	Adrien THOMA	Male	40-49	05:26:50	50	16	64
35	John CANTRELL	Male	40-49	05:26:51	51	17	65
354	Marc VAN OLST	Male	40-49	05:28:38	52	18	66
217	Cyprian MTSHALI	Male	40-49	05:28:55	53	19	67
361	Gerard VISSER	Male	50-59	05:31:34	54	3	68
162	Wilma MARAIS	Female	40-49	05:32:34	15	5	69
233	Simo NDIMANDE	Male	40-49	05:32:51	55	20	70
3	Schalk ALBERTYN	Male	40-49	05:35:18	56	21	71
112	Craig KERN	Male	50-59	05:37:18	57	4	72
264	Phologo PHEKO	Male	Open	05:37:26	58	33	73
127	Clover-Ann LEE	Female	40-49	05:37:34	16	6	74
308	Keshav Arjun SINGH	Male	Open	05:37:47	59	34	75
13	Andrea BATTAGLIA	Male	Open	05:37:47	60	35	76
62	Annalie DU PREEZ	Female	40-49	05:39:04	17	7	77
186	Vuyisa MFINCI	Male	40-49	05:40:22	61	22	78
203	Kgomotso MOKHATLA	Male	40-49	05:40:34	62	23	79
325	Coetzee THERON	Male	Open	05:40:39	63	36	80
126	Tebogo LEBALLO	Male	40-49	05:40:55	64	24	81
81	Ian GRIFFITHS	Male	Open	05:41:57	65	37	82
48	Matt COUGHLAN	Male	Open	05:42:25	66	38	83
292	Don RUKANDA	Male	Open	05:43:27	67	39	84
276	Arthur Nhlanhla RADEBE	Male	50-59	05:43:33	68	5	85
57	Bonginkosi DLADLA	Male	40-49	05:43:43	69	25	86
375	Nqabayesizwe ZULU	Male	Open	05:45:03	70	40	87
262	Uviwe PETSE	Male	40-49	05:45:17	71	26	88
34	David CAMPBELL	Male	Open	05:46:35	72	41	89
226	Mthokozisi MZIMELA	Male	Open	05:46:40	73	42	90
309	Vusumuzi SKHOSANA	Male	Open	05:50:02	74	43	91
273	Lwandiswa QITHI	Female	Open	05:50:20	18	10	92
194	Lethu MKHWANAZI	Male	40-49	05:52:16	75	27	93
181	Siphokazi MENZIWA	Female	Open	05:52:17	19	11	94
64	Siyabonga DUBE	Male	40-49	05:53:08	76	28	95
247	Mzikayifani NKWANYANA	Male	40-49	05:54:45	77	29	96
213	Trott MPHAHLELE	Male	40-49	05:54:48	78	30	97
37	Sandra CASE	Female	Open	05:55:52	20	12	98
374	Mduduzi ZOLEKA	Male	Open	05:57:37	79	44	99
281	Jackie RAMASODI	Male	60+	05:57:57	80	1	100
36	David CASE	Male	Open	05:58:44	81	45	101
153	Letuba MAMPURU	Male	40-49	06:00:35	82	31	102
215	Bheki MSIMANGO	Male	50-59	06:01:03	83	6	103
67	Nicholas ELS	Male	Open	06:01:09	84	46	104
128	Craig LEES	Male	Open	06:03:12	85	47	105
408	Stacey GIBHARD	Female	Open	06:03:34	21	13	106
263	Ryan PEYPER	Male	40-49	06:04:00	86	32	107
269	Nico PRETORIUS	Male	Open	06:04:23	87	48	108
407	Joanna MAINGARD	Female	Open	06:04:52	22	14	109

73	Johann FOURIE	Male	60+	06:06:07	88	2	110
385	Pauline MOFOKENG	Female	40-49	06:06:18	23	8	111
298	Paul SCOTT	Male	50-59	06:12:07	89	7	112
332	Herveline TINDALL	Female	40-49	06:13:22	24	9	113
168	Matsontso MATHEBULA	Male	50-59	06:13:39	90	8	114
175	Sibusiso MAZIBUKO	Male	Open	06:13:48	91	49	115
349	Tania VAN DER MEULEN	Female	40-49	06:13:52	25	10	116
12	Therena BARTMANN	Female	40-49	06:13:52	26	11	117
108	Kenneth JOUBERT	Male	40-49	06:16:10	92	33	118
109	Heidi JOUBERT	Female	Open	06:16:10	27	15	119
257	Carien OPPERMAN	Female	Open	06:16:23	28	16	120
305	Lindani SIBANDA	Male	50-59	06:16:24	93	9	121
89	Michael HARRISON	Male	40-49	06:16:27	94	34	122
365	William WILSON	Male	40-49	06:16:56	95	35	123
152	Tebogo MALATSI	Male	40-49	06:17:08	96	36	124
176	Sibongiseni MAZINGISA	Male	Open	06:17:10	97	50	125
130	Ntala LELIMO	Male	Open	06:17:10	98	51	126
366	Shanna WOOD	Female	Open	06:17:13	29	17	127
370	Alfonso ZAIRE	Male	40-49	06:17:51	99	37	128
1	Ismail ABDOL-RAHIM	Male	40-49	06:18:59	100	38	129
228	Ash NAIDOO	Female	40-49	06:19:00	30	12	130
311	Muzi SKOSANA	Male	Open	06:19:01	101	52	131
161	Goitsemang MAOTOE	Female	Open	06:20:03	31	18	132
171	Cathy MATHER-PIKE	Female	40-49	06:20:20	32	13	133
172	Ryan MATHER-PIKE	Male	40-49	06:20:20	102	39	134
22	Karen BLACK	Female	Open	06:21:28	33	19	135
285	Rene RAUTENBACH	Female	Open	06:21:28	34	20	136
23	Anita BLOMHOLM KVAMME	Female	Open	06:22:31	35	21	137
9	Amanda BAANYANG	Female	Open	06:23:11	36	22	138
15	Jonathon BEARD	Male	Open	06:24:03	103	53	139
116	Zaheera KHAN	Female	40-49	06:24:13	37	14	140
115	Nkagiseng KHALO	Male	Open	06:25:01	104	54	141
80	Naretha GOUWS	Female	50-59	06:25:08	38	2	142
47	Odetta COLLINS	Female	40-49	06:25:08	39	15	143
208	Dan MOTAU	Male	50-59	06:25:08	105	10	144
189	Nkosenhle MHLONGO	Male	40-49	06:25:16	106	40	145
373	Dieter ZIMMERMANN	Male	40-49	06:25:19	107	41	146
132	Zahid LIMBADA	Male	Open	06:27:08	108	55	147
51	San-Marie DE BEER	Female	50-59	06:27:25	40	3	148
77	Thandiswa GIDLA	Female	Open	06:28:35	41	23	149
288	Andrew ROBERTS	Male	40-49	06:28:36	109	42	150
104	Steve IRELAND	Male	50-59	06:29:53	110	11	151
143	Nandipa MAFONGOSI	Female	Open	06:30:18	42	24	152
66	Warren ELLIOTT	Male	Open	06:30:24	111	56	153
299	Kabelo SEBOGODI	Male	Open	06:31:26	112	57	154
160	Thabo MANYANE	Male	40-49	06:31:26	113	43	155
355	Soretha VENTER	Female	Open	06:32:16	43	25	156
2	William ADDISON	Male	40-49	06:32:16	114	44	157
221	Rihette MULLER	Female	40-49	06:32:16	44	16	158
7	Nicole ASTFALCK	Female	40-49	06:32:17	45	17	159
191	Kevin MILL	Male	40-49	06:32:17	115	45	160
380	Bhoni NQOKO	Male	Open	06:34:53	116	58	161
312	Thokozani SKOSANA	Male	40-49	06:35:20	117	46	162
282	Alastair RAMLAKAN	Male	40-49	06:36:12	118	47	163
321	Andrew TAYLOR	Male	50-59	06:38:19	119	12	164
78	Maxabiso GONO	Male	40-49	06:38:22	120	48	165
178	Cutter MBONGWE	Male	50-59	06:40:23	121	13	166

252	Sipho NTULI	Male	40-49	06:40:40	122	49	167
227	Lerato MZUZU	Female	40-49	06:41:18	46	18	168
337	Mpho TSHESANE	Female	50-59	06:41:20	47	4	169
307	Themba SINDANE	Male	Open	06:41:22	123	59	170
291	Elrisia ROUX	Female	40-49	06:41:28	48	19	171
326	Meyer THEUNISSEN	Male	40-49	06:41:28	124	50	172
195	Dumisani MKHWANAZI	Male	Open	06:42:26	125	60	173
38	Robert CASE	Male	Open	06:42:28	126	61	174
103	Shamanga ILUNGA	Male	40-49	06:42:32	127	51	175
229	Seelan NAIDOO	Male	40-49	06:44:16	128	52	176
141	Priscilla MADLALA	Female	40-49	06:44:26	49	20	177
242	Thembi NHLAPO	Female	40-49	06:44:26	50	21	178
205	Masilo Lucas MONGALO	Male	50-59	06:44:38	129	14	179
275	Andrew QUINLAN	Male	40-49	06:44:50	130	53	180
200	Oageng MOILOA	Male	50-59	06:45:45	131	15	181
69	Pedrie ERASMUS	Male	Open	06:46:12	132	62	182
99	Dennis George HOUSTON-MCMILLAN	Male	40-49	06:48:09	133	54	183
30	Anton BRUNE	Male	40-49	06:48:28	134	55	184
405	Robin DEVITT	Male	Open	06:48:28	135	63	185
244	Nkosinolwazi NKALA	Female	Open	06:50:06	51	26	186
117	Busi KHANYILE	Female	40-49	06:50:11	52	22	187
29	Jeremy BROWN	Male	50-59	06:50:21	136	16	188
335	Barry TROTTER	Male	Open	06:50:21	137	64	189
284	Rashika RAMPERSADH	Female	40-49	06:50:27	53	23	190
10	Johannes BAARDEN	Male	60+	06:51:07	138	3	191
94	Gerda HENN	Female	40-49	06:53:59	54	24	192
367	Claire-Louise WORBY	Female	Open	06:53:59	55	27	193
40	Risenga CHAUKE	Male	50-59	06:54:07	139	17	194
369	Philani XOLO	Male	Open	06:54:39	140	65	195
250	Tumelo NOTSHI	Male	Open	06:55:56	141	66	196
376	Wavela ZWANE	Male	40-49	06:55:59	142	56	197
212	Caesar MPHAPHLANE	Male	40-49	06:56:54	143	57	198
182	Tebogo MEREMENTSI	Male	40-49	06:57:26	144	58	199
844	Lindokuhle MAKHANYA	Male	40-49	06:57:55	145	59	200
222	Paulina MUNSAMY	Female	40-49	06:57:56	56	25	201
55	Saziso DIMBA	Male	Open	07:00:10	146	67	202
101	Daniel HUMAN	Male	40-49	07:00:33	147	60	203
313	Justin SMITH	Male	40-49	07:00:33	148	61	204
372	Maxwell ZEELIE	Male	60+	07:00:53	149	4	205
53	Delwin DE BROIZE	Male	Open	07:00:56	150	68	206
295	Lou SCHOEMAN	Female	Open	07:01:43	57	28	207
8	Tshepo BAANYANG	Male	Open	07:01:51	151	69	208
72	Emda FOURIE	Female	40-49	07:02:25	58	26	209
184	Errol MEYER	Male	60+	07:02:27	152	5	210
236	Minenhle NGCOBO	Male	Open	07:02:35	153	70	211
296	Andries SCHOLTZ	Male	40-49	07:02:44	154	62	212
297	Ria-Li SCHOLTZ	Female	40-49	07:02:45	59	27	213
79	Richard GOODCHILD	Male	40-49	07:04:23	155	63	214
243	Yandisa NJENGE	Male	40-49	07:05:05	156	64	215
402	Jabu MDAKI	Male	50-59	07:05:52	157	18	216
352	Yvonne VAN EEDEN	Female	40-49	07:05:53	60	28	217
345	Anne-Marie VAN DER MERWE	Female	40-49	07:06:02	61	29	218
346	Deon VAN DER MERWE	Male	40-49	07:06:02	158	65	219
149	Tebogo MAINE	Male	40-49	07:06:13	159	66	220
165	Mmasamo MASEKELA	Female	40-49	07:06:51	62	30	221
185	Nozuko MFENYANA	Female	40-49	07:06:52	63	31	222
283	Manku Lizzie RAMOGALE	Female	40-49	07:07:26	64	32	223

302	Lungile SHANGASE	Female	Open	07:07:29	65	29	224
231	Sabelo NCWANE	Male	40-49	07:07:50	160	67	225
192	Natalie MILLS	Female	Open	07:08:36	66	30	226
58	Leandra DOBBINS	Female	Open	07:09:01	67	31	227
27	Wilma BOSMAN	Female	40-49	07:09:01	68	33	228
234	Musiwalo NETHAVHAKONE	Male	Open	07:09:20	161	71	229
174	Grant MAYBERY	Male	Open	07:12:05	162	72	230
351	Warrick VAN EEDEN	Male	40-49	07:12:13	163	68	231
123	Anthony LAWSON	Male	40-49	07:12:14	164	69	232
267	Jean-Francois PITOT	Male	40-49	07:12:55	165	70	233
353	Andr? VAN KASTEROP	Male	50-59	07:13:34	166	19	234
266	Robyn PITOT	Female	40-49	07:13:37	69	34	235
60	Helen DOUMANIS	Female	Open	07:13:59	70	32	236
142	Thobela Tamara MAFANYA	Female	Open	07:14:35	71	33	237
348	Lene VAN DER MERWE	Female	Open	07:14:57	72	34	238
75	Johan GEY VAN PITTIUS	Male	Open	07:15:10	167	73	239
251	Mncedisi NTSHOBENI	Male	40-49	07:15:36	168	71	240
85	Vanessa HAARHOFF	Female	50-59	07:16:03	73	5	241
323	Lenoge TEBOGO	Male	50-59	07:17:24	169	20	242
131	Audrey LENOGE	Female	40-49	07:17:25	74	35	243
63	Ig DU TOIT	Male	Open	07:17:40	170	74	244
151	Mokhosi MAKARA	Male	40-49	07:18:14	171	72	245
209	Mpho MOTAUNG	Female	Open	07:18:34	75	35	246
88	Rojean HANEKOM	Male	Open	07:19:29	172	75	247
409	Pono MOGOERA	Male	Open	07:19:29	173	76	248
158	Sekana MANKGE	Male	40-49	07:20:17	174	73	249
140	Victor MADLALA	Male	50-59	07:21:43	175	21	250
25	Natasha BORNMAN	Female	Open	07:22:39	76	36	251
24	Chris BORNMAN	Male	Open	07:22:40	176	77	252
315	Mark SMITH	Male	40-49	07:23:13	177	74	253
59	Chris DOS SANTOS	Male	Open	07:23:25	178	78	254
359	Ian VILAKAZI	Male	40-49	07:25:15	179	75	255
253	Sabelo NXELE	Male	Open	07:25:16	180	79	256
197	Fikile Robert Seth MKUTYUKELWA	Male	50-59	07:29:19	181	22	257
280	Eddie RAMALOO	Male	50-59	07:31:34	182	23	258
14	David BEARD	Male	50-59	07:32:52	183	24	259
329	Shahieda THUNGO	Female	40-49	07:32:52	77	36	260
199	Kagiso MOGANE	Male	Open	07:32:53	184	80	261
188	Thobeka MHLAHO	Female	40-49	07:39:59	78	37	262



SANI STAGGER

23 November 2019

21KM



Race No	Name	Gender	Age Cat	Time	Gender Pos	Age Cat Pos	Overall Pos
825	Jeofrey SOSIBO	Male	40-49	01:38:18	1	1	1
506	Giordano BELLUSCI	Male	Open	01:43:39	2	1	2
818	Siyabonga RADEBE	Male	40-49	01:53:18	3	2	3
827	Martin NGWENYA	Male	40-49	01:53:25	4	3	4
507	Maria BENDANA	Female	50-59	01:57:03	1	1	5
639	Zinyuse MAKA	Male	Open	01:57:54	5	2	6
840	Oscar ZONDI	Male	Open	01:58:39	6	3	7
633	Erich LUCKFIEL	Male	40-49	01:59:58	7	4	8
535	Dawid CRONJE	Male	Junior	02:08:10	8	1	9
745	Nicole WIGGILL	Female	Open	02:08:42	2	1	10
819	Marizel HUYSER	Female	Open	02:08:42	3	2	11
576	Odette GEERTSHUIS	Female	Open	02:08:54	4	3	12

557	Donald ENSOR	Male	40-49	02:09:03	9	5	13
553	Lana DYER	Female	40-49	02:10:26	5	1	14
845	Pieter TREDoux	Male	50-59	02:13:32	10	1	15
612	Rosanne KINDER	Female	Open	02:14:33	6	4	16
842	Matthew BINNINGTON	Male	Open	02:16:25	11	4	17
799	Bradley BRAND	Male	40-49	02:17:12	12	6	18
677	Rakesh RAMLUGAAN	Male	40-49	02:17:18	13	7	19
772	Marjan BJELIC	Male	Open	02:17:39	14	5	20
802	Ngoako RAMAKGAPOLA	Male	50-59	02:17:46	15	2	21
847	Glen COMBE	Male	Open	02:18:02	16	6	22
801	Danielle OOSTHUIZEN	Female	Open	02:20:46	7	5	23
607	Johan KAPP	Male	50-59	02:21:26	17	3	24
514	Natasha BRADFORD	Female	Open	02:22:37	8	6	25
754	Clive WILLOWS	Male	60+	02:23:29	18	1	26
707	Sandy STEWART	Female	50-59	02:23:37	9	2	27
582	Sethabile GWALA	Female	Open	02:23:47	10	7	28
539	Marlene DE BEER	Female	60+	02:24:15	11	1	29
510	Colette BIGGS	Female	Open	02:24:18	12	8	30
820	Jenny RETIEF	Female	60+	02:24:22	13	2	31
567	Malcolm FOURE	Male	50-59	02:24:49	19	4	32
733	Yoland? VISSER	Female	Open	02:24:50	14	9	33
659	Mlungisi NGCOBO	Male	Open	02:24:51	20	7	34
697	Menzi SIBIYA	Male	Open	02:25:07	21	8	35
763	Natalie CHRISTIE	Female	Open	02:25:35	15	10	36
596	Katherine JACKSON	Female	40-49	02:27:33	16	2	37
764	Jireh SERFONTEIN	Female	Open	02:28:34	17	11	38
571	Jamaica FRANCIS	Female	Open	02:29:46	18	12	39
666	Wayne PIENAAR	Male	Open	02:29:48	22	9	40
626	Melissa LOPES	Female	40-49	02:30:48	19	3	41
611	Adam KINDER	Male	Open	02:31:08	23	10	42
747	Magdelie WILKEN	Female	Open	02:31:15	20	13	43
746	Martin WILKEN	Male	40-49	02:31:15	24	8	44
709	Emile STREICHER	Male	50-59	02:31:54	25	5	45
555	Candice Lee ELS	Female	Open	02:31:59	21	14	46
578	Grant GORDON	Male	40-49	02:32:04	26	9	47
735	Dean VORSTER	Male	40-49	02:32:10	27	10	48
740	Adrienne WEERHEIM	Female	40-49	02:33:06	22	4	49
812	Jess BAYMAN	Female	Open	02:33:47	23	15	50
585	Greg HARVEY	Male	40-49	02:34:05	28	11	51
650	Yusuf MOOLLA	Male	Open	02:34:35	29	11	52
804	Bongani RADEBE	Male	40-49	02:35:19	30	12	53
788	Marc DESPLACE	Male	40-49	02:36:16	31	13	54
787	Bronwyn DESPLACE	Female	Open	02:36:16	24	16	55
627	Lize LOTTER	Female	Open	02:36:43	25	17	56
777	Carla COLLETT	Female	Open	02:38:00	26	18	57
843	Glen AH SING	Male	40-49	02:38:00	32	14	58
795	Caitlin VENNIKER	Female	Open	02:38:25	27	19	59
796	Rachel VENNIKER	Female	Junior	02:38:25	28	1	60
502	Robin ASHTON	Female	Open	02:39:16	29	20	61
657	Shane NEL	Male	Open	02:39:19	33	12	62
583	Bernice HARDING	Female	Open	02:39:31	30	21	63
579	Teddy GOUNDEN	Male	60+	02:39:51	34	2	64
624	Roelien LE ROUX	Female	Open	02:40:06	31	22	65
558	Celea ENSOR	Female	50-59	02:40:17	32	3	66
739	Sophie WATSON	Female	40-49	02:40:55	33	5	67
614	Alan KIRBY	Male	50-59	02:40:55	35	6	68
712	Jeanne TARRANT	Female	40-49	02:40:56	34	6	69

838	Mary-Anne PATON	Female	50-59	02:40:56	35	4	70
540	Marina DE KOCK	Female	40-49	02:41:22	36	7	71
700	Jan-Hendri SMIT	Male	40-49	02:41:43	36	15	72
701	Mileska SMIT	Female	Open	02:41:43	37	23	73
649	Imraan MOOLLA	Male	Open	02:41:50	37	13	74
716	John THOMPSON	Male	50-59	02:42:14	38	7	75
589	Setilda HEIBERG	Female	40-49	02:42:42	38	8	76
562	Lario EYBERS	Female	Open	02:42:42	39	24	77
808	Graham TYRRELL	Male	50-59	02:43:18	39	8	78
780	Louis VON WISSELL	Male	40-49	02:43:21	40	16	79
599	Jeffrey JENKINSON	Male	Open	02:43:46	41	14	80
784	Mpho RAVELE	Female	Open	02:43:52	40	25	81
702	Meagan SNOW	Female	Open	02:44:18	41	26	82
504	Karen BARGATE	Female	60+	02:44:23	42	3	83
810	Sharon DAVIS	Female	40-49	02:44:40	43	9	84
574	Jennifer FULLER	Female	40-49	02:45:47	44	10	85
543	Wimpie DE LANGE	Male	40-49	02:49:20	42	17	86
572	Kate FRYER	Female	50-59	02:49:23	45	5	87
671	Nicholas PROOME	Male	60+	02:49:29	43	3	88
630	Lauren LOWRY	Female	40-49	02:49:48	46	11	89
581	Mariana GUNN	Female	50-59	02:50:07	47	6	90
625	Susan LIEBENBERG	Female	40-49	02:50:27	48	12	91
521	Heather CASEY	Female	50-59	02:50:40	49	7	92
728	Marlene VAN STADEN	Female	40-49	02:51:27	50	13	93
749	Nic WILKINSON	Male	Open	02:51:57	44	15	94
822	Simon DAVENALL	Male	40-49	02:52:23	45	18	95
803	Anthony GOBLE	Male	Open	02:52:28	46	16	96
698	Percy SINGH	Male	60+	02:52:44	47	4	97
793	Tanya GOBLE	Female	Open	02:53:45	51	27	98
541	Darren DE KOCK	Male	40-49	02:53:57	48	19	99
662	Dan PALLIUM	Male	60+	02:54:59	49	5	100
594	Richard HORNER	Male	Open	02:55:13	50	17	101
634	Lea LYLE	Female	Open	02:55:44	52	28	102
723	Lana VAN DER ZEE	Female	Open	02:55:44	53	29	103
516	Joshua BROPHY	Male	Open	02:55:45	51	18	104
584	Trevor HARSANT	Male	Open	02:55:51	52	19	105
824	Nobkhosi DLAMINI	Female	40-49	02:56:24	54	14	106
742	Janice WHITELAW	Female	50-59	02:56:32	55	8	107
586	Lisa HAY	Female	40-49	02:56:35	56	15	108
751	Lesley WILLIAMS	Female	Open	02:56:35	57	30	109
738	Veona WATSON	Female	50-59	02:56:52	58	9	110
655	Johannes NAUDE	Male	Open	02:56:59	53	20	111
588	Lindy HEAD	Female	Open	02:57:05	59	31	112
693	Jolene SCHEFERMANN	Female	Open	02:57:05	60	32	113
834	Mathias EHRICH	Male	50-59	02:57:07	54	9	114
815	Cheryn-Lee COCHRANE	Female	Open	02:58:15	61	33	115
680	Jo-Andri RAUBENHEIMER	Female	Open	02:58:16	62	34	116
719	Vincent VAN ASWEGEN	Male	50-59	02:58:19	55	10	117
615	Tamaryn KOLL	Female	Open	02:59:15	63	35	118
814	Oliver WATSON	Male	Open	02:59:33	56	21	119
758	Lauren CHAPPLE	Female	Open	02:59:38	64	36	120
508	Fiona BERNARDO	Female	40-49	03:00:51	65	16	121
767	Terri CHUBB	Female	40-49	03:01:07	66	17	122
651	Vicky MOORE	Female	50-59	03:01:30	67	10	123
652	Robin MOORE	Male	60+	03:01:30	57	6	124
776	Daniel COLLETT	Male	Open	03:01:37	58	22	125
608	Barry KENDALL	Male	50-59	03:01:37	59	11	126

523	Peter CHETTY	Male	60+	03:02:35	60	7	127
774	Willie MARAIS	Male	50-59	03:02:38	61	12	128
551	Deidre DUFF	Female	50-59	03:03:47	68	11	129
797	Barbara ANDERSON	Female	50-59	03:04:25	69	12	130
753	Ann Jillian WILLOWS	Female	60+	03:04:29	70	4	131
542	Samantha DE LA PORTE	Female	40-49	03:05:25	71	18	132
591	Gary HONNEYSETT	Male	Open	03:05:29	62	23	133
623	Louis LE GRANGE	Male	Open	03:05:41	63	24	134
641	Linda MCKEONE	Female	50-59	03:06:00	72	13	135
692	Maxine SAYERS	Female	Open	03:06:00	73	37	136
690	Anki ROSSOUW	Female	40-49	03:06:01	74	19	137
685	Kim ROBINSON	Female	50-59	03:06:06	75	14	138
501	Rene ASHTON	Female	50-59	03:06:18	76	15	139
750	Mary-Ann WILKINSON	Female	60+	03:06:54	77	5	140
560	Kerry EVERETT	Female	40-49	03:07:00	78	20	141
771	Ellah MHONE NDLOVU	Female	40-49	03:07:02	79	21	142
721	Riaan VAN DER LINDE	Male	Open	03:07:38	64	25	143
637	Theresa MACHADO	Female	40-49	03:07:44	80	22	144
617	Robin KOTZE	Male	40-49	03:08:34	65	20	145
533	Pamela CORLETT	Female	40-49	03:08:41	81	23	146
688	Martin ROESTOF	Male	50-59	03:08:41	66	13	147
823	Laura BARRAS	Female	Open	03:08:43	82	38	148
656	Christina NAUDE	Female	40-49	03:08:46	83	24	149
645	Angie MITCHELL-INNES	Female	Open	03:08:51	84	39	150
770	Sarah STUART	Female	Open	03:08:52	85	40	151
769	Rowan STUART	Male	Open	03:08:52	67	26	152
835	Khanya MOSIANE	Female	40-49	03:08:56	86	25	153
524	Stuart CHRISTIE	Male	60+	03:09:07	68	8	154
778	Rossouw BOSHOFF	Male	Open	03:09:21	69	27	155
601	Lana JOHNSON	Female	40-49	03:10:09	87	26	156
564	Andrew FLEMING	Male	50-59	03:10:09	70	14	157
696	Karen SEALS	Female	50-59	03:10:09	88	16	158
773	Charlene BOSHOFF	Female	Open	03:10:44	89	41	159
731	Jacques VERMEULEN	Male	40-49	03:11:30	71	21	160
775	David CAMPBELL-HALL	Male	Open	03:12:26	72	28	161
715	Jason THOMAS	Male	40-49	03:12:41	73	22	162
549	Andries Wouter DU TOIT	Male	40-49	03:13:07	74	23	163
644	Rown MILES	Female	50-59	03:13:07	90	17	164
635	Maureen LYONS	Female	50-59	03:13:39	91	18	165
638	Keswyn MACKINTOSH	Female	Open	03:14:03	92	42	166
534	Joan COX	Female	50-59	03:15:21	93	19	167
755	Yolande HEYNS	Female	Open	03:16:17	94	43	168
646	Vivian MOODLEY	Male	40-49	03:16:34	75	24	169
710	Taryn STUBBS	Female	40-49	03:17:13	95	27	170
505	Susan BEKKER	Female	50-59	03:17:19	96	20	171
675	Brenden RAMBURAN	Male	Open	03:18:15	76	29	172
561	Joclyne Shannon EVERETT	Female	Junior	03:19:19	97	2	173
724	Marc VAN HEERDEN	Male	50-59	03:19:20	77	15	174
748	Monica WILKINSON	Female	Open	03:19:52	98	44	175
610	Liesl KEULDER	Female	Open	03:20:05	99	45	176
503	Bernise BANNISTER	Female	40-49	03:20:35	100	28	177
658	Izelle NEL	Female	Open	03:20:53	101	46	178
743	Nix WICHMANN	Female	40-49	03:21:24	102	29	179
640	Duncan MAY	Male	40-49	03:21:25	78	25	180
613	Warren KING	Male	40-49	03:21:33	79	26	181
792	Joanna SKELTON	Female	40-49	03:22:16	103	30	182
837	Vaughan WEATHERDON	Male	Open	03:22:16	80	30	183

761	Roxy EDY	Female	Open	03:22:59	104	47	184
569	Leigh FOURIE	Female	Open	03:22:59	105	48	185
783	Ina JACOBS	Female	Open	03:23:18	106	49	186
681	Teresa RAUTENBACH	Female	60+	03:23:35	107	6	187
736	Angela WALTER	Female	Open	03:23:49	108	50	188
616	Nelene KOTZE	Female	50-59	03:23:57	109	21	189
531	Amanda CONRADT	Female	50-59	03:25:04	110	22	190
760	Letuka MOKOENA	Male	40-49	03:25:46	81	27	191
757	Nothabizolo MSIMANGA	Female	Open	03:26:04	111	51	192
522	Sunette CASTELING	Female	50-59	03:26:06	112	23	193
730	Barry VARTY	Male	60+	03:26:15	82	9	194
786	Wanda VAN HEERDEN	Female	Open	03:26:31	113	52	195
565	Mike FORSYTH	Male	60+	03:26:49	83	10	196
550	Stuart DUBBER	Male	50-59	03:26:58	84	16	197
782	Valma OSBORNE	Female	50-59	03:26:59	114	24	198
841	Nompumelelo Â MOLEFE	Female	40-49	03:26:59	115	31	199
732	Louise VISSER	Female	50-59	03:27:40	116	25	200
609	Pamela KENDALL	Female	50-59	03:27:41	117	26	201
683	Arrie ROBERTSON	Male	Open	03:28:04	85	31	202
642	Gerda MCLACHLAN	Female	Open	03:28:11	118	53	203
528	Travis CLARKE	Male	40-49	03:29:00	86	28	204
545	Sonika DIAMOND	Female	40-49	03:29:00	119	32	205
604	Elouise JONES	Female	40-49	03:29:01	120	33	206
620	Henho KRUGER	Male	Open	03:29:15	87	32	207
695	Anika SCHOLTZ	Female	Open	03:29:16	121	54	208
720	Mari VAN DER LINDE	Female	40-49	03:29:36	122	34	209
790	Thayn NIEMAND	Male	60+	03:29:58	88	11	210
836	Sharon NIEMAND	Female	50-59	03:29:58	123	27	211
798	Neville XABA	Male	50-59	03:30:20	89	17	212
566	Colleen FOUCHE	Female	50-59	03:30:38	124	28	213
816	Taryn CAMPBELL-ALLWRIGHT	Female	Open	03:32:13	125	55	214
817	Marc ALLWRIGHT	Male	Open	03:32:14	90	33	215
603	Kim JOHNSTON	Female	50-59	03:33:16	126	29	216
682	Pat READ	Female	40-49	03:33:16	127	35	217
660	Gcie NTULI	Female	Open	03:33:47	128	56	218
511	Thabisile BLOSE	Female	40-49	03:33:47	129	36	219
532	Lisa CONTARDO	Female	40-49	03:34:52	130	37	220
717	Gavin TWEDDLE	Male	40-49	03:34:52	91	29	221
722	Janet VAN DER MERWE	Female	50-59	03:35:06	131	30	222
636	Owen MACFIE	Male	50-59	03:35:26	92	18	223
573	Alan FRYER	Male	60+	03:35:44	93	12	224
575	Philile GCWENSA	Female	50-59	03:35:58	132	31	225
629	Mignon LOUW	Female	Open	03:36:25	133	57	226
670	Michael PROOME	Male	Open	03:37:16	94	34	227
648	Renee MOODLEY	Female	50-59	03:37:35	134	32	228
647	Daniel MOODLEY	Male	60+	03:37:36	95	13	229
517	Nina BRUNE	Female	40-49	03:38:04	135	38	230
673	Rajendra RABBIKISSOON	Male	50-59	03:39:44	96	19	231
618	Claire KOTZE	Female	40-49	03:40:22	136	39	232
741	Tracey WESTON	Female	50-59	03:40:46	137	33	233
800	Lisa BECK	Female	40-49	03:41:42	138	40	234
676	S RAMGAREEB	Female	40-49	03:42:28	139	41	235
811	Michael SAID	Male	50-59	03:43:22	97	20	236
686	David ROBINSON	Male	60+	03:44:00	98	14	237
590	Kerry HILL	Female	Open	03:46:11	140	58	238
530	Heather COLLIS	Female	Open	03:47:17	141	59	239
577	Caitlin GEVERS	Female	Open	03:47:21	142	60	240

519	Joe BURKE	Male	60+	03:47:46	99	15	241
667	Barrie POCOCK	Male	Open	03:48:16	100	35	242
785	Sbahlle ZULU	Female	Open	03:49:06	143	61	243
593	Robin HONEYSETT	Male	60+	03:49:22	101	16	244
592	Debbie HONEYSETT	Female	40-49	03:49:22	144	42	245
544	Ilanri DEACON	Female	Open	03:50:23	145	62	246
527	Resa CILLIERS	Female	50-59	03:50:33	146	34	247
694	Michael SCHEFERMANN	Male	40-49	03:51:10	102	30	248
580	Carmen GRIESSEL	Female	Open	03:52:40	147	63	249
515	Julia BREYTENBACH	Female	Open	03:53:33	148	64	250
794	Martie ZIMMERMANN	Female	40-49	03:54:01	149	43	251
598	Sasha JARMAN	Female	Open	03:55:46	150	65	252
597	Cheryl JARMAN	Female	50-59	03:55:46	151	35	253
538	Jenny DAWSON	Female	60+	03:56:36	152	7	254
714	Peter TAYLOR	Male	60+	03:56:52	103	17	255
643	Richard MELVILL	Male	Open	03:57:29	104	36	256
605	Lewis KAPLAN	Male	60+	03:58:58	105	18	257
805	Lise BUNGE	Female	Open	03:59:51	153	66	258
806	Kurt BUNGE	Male	Open	04:01:29	106	37	259
752	Nikki WILLIAMSON	Female	40-49	04:01:31	154	44	260
725	Genevieve VAN HEERDEN	Female	Open	04:02:40	155	67	261
711	Juanita SUTTON	Female	60+	04:03:10	156	8	262
729	Amanda VAN ZYL	Female	50-59	04:04:41	157	36	263
708	Susan STEYN	Female	50-59	04:08:32	158	37	264
668	Jane E POHL	Female	50-59	04:11:27	159	38	265
718	Heidi VAN ASWEGEN	Female	50-59	04:14:45	160	39	266
622	Chris LOTTER	Male	Open	04:15:02	107	38	267
570	Michael FRAGOEIRO	Male	Open	04:17:43	108	39	268
678	Renilla RAMSHAR	Female	50-59	04:23:07	161	40	269
699	Sarah SMART	Female	Open	04:26:54	162	68	270
595	Annelise ILBERTON	Female	40-49	04:27:01	163	45	271
734	Anneli VIVIERS	Female	60+	04:36:16	164	9	272
619	Priya KRISTAN	Female	Open	04:42:11	165	69	273
654	Shanthan NAIDOO	Male	Open	04:42:12	109	40	274
713	Marlie TAYLOR	Female	40-49	04:52:19	166	46	275

	SANI STAGGER	
23 November 2019		
38KM TRAIL RUN		

Race No	Name	Gender	Age Cat	Time	Gender Pos	Age Cat Pos	Overall Pos
958	Mdu ZONDI	Male	40-49	04:12:30	1	1	1
971	Joseph KGOMOTSO	Male	Open	04:16:39	2	1	2
970	Hlomaye MACHEZA	Male	Open	04:21:52	3	2	3
954	Tracy ZUNCKEL	Female	40-49	04:55:13	1	1	4
923	Travers PELLEW	Male	Open	05:00:59	4	3	5
915	Egor OUSSOV	Male	Open	05:06:07	5	4	6
922	Michael MIDDLETON	Male	40-49	05:07:11	6	2	7
903	Matthew SEARLE	Male	Open	05:19:13	7	5	8
950	George PURBRICK	Male	Open	05:19:16	8	6	9
956	Ashleigh WHITE	Female	40-49	05:23:04	2	2	10
972	Tina VAN DER VYVER	Female	Open	05:48:18	3	1	11
908	Aaron ENGELBRECHT	Male	Open	06:01:52	9	7	12
965	Barbs NEAL	Female	40-49	06:02:09	4	3	13
968	Matthew LAMMERS	Male	Open	06:03:12	10	8	14
934	Wessel CRONJE	Male	40-49	06:14:05	11	3	15
955	Belinda VAN DER RIET	Female	50-59	06:26:15	5	1	16

904	Eugene MARTIN	Male	50-59	06:27:55	12	1	17
969	Neil CARLYLE	Male	50-59	06:31:52	13	2	18
937	Christiaan HAEFELE	Male	Open	06:33:13	14	9	19
949	Thandeka NGETU	Female	40-49	06:43:14	6	4	20
846	Daniel MOODY	Male	Open	06:45:30	15	10	21
935	Nontuthuko MGABHI	Female	Open	06:51:47	7	2	22
906	Vaughn SMIT	Male	40-49	06:57:43	16	4	23
963	Michelle THERON	Female	40-49	06:58:12	8	5	24
910	Karyn SILLS	Female	Open	07:16:35	9	3	25
911	Dion BENEKE	Male	40-49	07:16:35	17	5	26
914	Gavin HAZELL	Male	40-49	07:22:41	18	6	27
931	Adam WALKER	Male	40-49	07:25:40	19	7	28
930	Victoria CLARK	Female	40-49	07:25:41	10	6	29
947	Nic SNYMAN	Male	Open	07:34:21	20	11	30
967	Sihle KRAAI	Female	50-59	07:40:37	11	2	31
928	Ryan ELSON	Male	Open	08:01:22	21	12	32
929	Sheralyn ELSON	Female	Open	08:01:22	12	4	33
902	Alison COATES	Female	40-49	08:03:05	13	7	34
933	Klasie WESSELS	Male	60+	08:18:04	22	1	35
932	Wimpie LE ROUX	Male	40-49	08:18:04	23	8	36
913	Zena KENNERLEY	Female	50-59	08:31:18	14	3	37
912	Francois STEYL	Male	60+	08:31:18	24	2	38
966	Diane WARMINGTON	Female	40-49	08:41:02	15	8	39
916	Andrew CROWLEY	Male	40-49	08:42:56	25	9	40
951	Pier DUNCAN	Female	50-59	08:48:10	16	4	41
952	Quentin MALGA	Male	40-49	08:48:12	26	10	42

	SANI STAGGER	
23 November 2019		
21KM TRAIL RUN		

Race No	Name	Gender	Age Cat	Time	Gender Pos	Age Cat Pos	Overall Pos
957	Mdu DLAMINI	Male	Open	02:08:26	1	1	1
1197	David LAMONT	Male	40-49	02:38:42	2	1	2
1186	Sicelo MKHIZE	Male	Open	02:44:22	3	2	3
1177	Gary HILL	Male	Open	02:48:03	4	3	4
1196	Brendon KEGEL	Male	Open	02:54:16	5	4	5
1172	Gregg MCDONAGH	Male	Open	02:56:05	6	5	6
1162	Jeremy HOLDCROFT	Male	Open	02:56:40	7	6	7
1079	Mike DEIGHTON	Male	50-59	03:00:33	8	1	8
1139	Marc ALLEN	Male	40-49	03:12:17	9	2	9
1151	Ryan VAN DEVENTER	Male	40-49	03:13:06	10	3	10
1210	Stephen PRICE	Male	Open	03:13:45	11	7	11
1002	Jolene ELS	Female	Open	03:14:59	1	1	12
1134	Mary MURRAY	Female	Open	03:18:11	2	2	13
1206	Greg WHITE	Male	40-49	03:19:19	12	4	14
1190	Ld GILLESPIE	Male	40-49	03:20:03	13	5	15
1212	Isabel WOLF-GILLESPIE	Female	Open	03:20:03	3	3	16
1184	Kim GREEN	Female	40-49	03:20:49	4	1	17
1179	Mark STEINHAUS	Male	Open	03:21:43	14	8	18
907	Dario SCUSSEL	Male	40-49	03:23:48	15	6	19
1157	Dushanka ANDJELOPOLJ	Female	Open	03:24:20	5	4	20
218	Nosipho MTSHEMLA	Female	40-49	03:27:32	6	2	21
1193	Mthetheleli MANQANA	Male	Open	03:31:55	16	9	22
1170	Greg LABUSCAGNE	Male	40-49	03:32:57	17	7	23
1204	Marcel KAGELER	Male	40-49	03:33:19	18	8	24
1174	Liza SEELE	Female	40-49	03:33:53	7	3	25

1175	Ben SEELE	Male	40-49	03:33:53	19	9	26
1037	Christiaan POTGIETER	Male	40-49	03:40:13	20	10	27
1168	Julie QUINN	Female	Open	03:40:45	8	5	28
1034	Monika SEELE	Female	Open	03:42:27	9	6	29
1059	James ARNOTT	Male	50-59	03:42:34	21	2	30
1192	Andy HAMANN	Male	Open	03:42:40	22	10	31
1047	Tyrone POTTS	Female	Open	03:46:09	10	7	32
1203	Sonja KAGELER	Female	40-49	03:48:14	11	4	33
1131	James DANIEL	Male	Open	03:50:00	23	11	34
1132	Bryan TOWNSEND	Male	Open	03:50:00	24	12	35
1163	Michael BISSETT	Male	Open	03:50:01	25	13	36
1030	Neal HATTINGH	Male	50-59	03:52:15	26	3	37
960	Josh HALLE	Male	Open	03:54:36	27	14	38
1116	Jonnathan GARDNER	Male	Open	03:55:52	28	15	39
1121	Taryn TURNER	Female	Open	03:56:33	12	8	40
1063	Ryan MCDONALD	Male	Open	03:56:34	29	16	41
1076	Craig BEDINGFIELD	Male	Open	03:56:46	30	17	42
909	Samantha ENGELBRECHT	Female	Open	03:58:58	13	9	43
1166	Katie HILL	Female	Open	03:59:35	14	10	44
1169	Shan THOMSON	Female	40-49	04:06:56	15	5	45
1012	Gordon TRULUCK	Male	60+	04:06:57	31	1	46
1152	Peet PELSER	Male	50-59	04:07:26	32	4	47
1153	Erno NAGY	Male	Open	04:07:26	33	18	48
1189	Iain RENNIE	Male	Open	04:07:28	34	19	49
1207	Martin RUST	Male	40-49	04:09:40	35	11	50
1120	Ryan OELLERMANN	Male	Open	04:09:47	36	20	51
1176	Lauri ADAMS	Female	Open	04:10:00	16	11	52
1178	Goldie HILL	Female	60+	04:10:00	17	1	53
1159	Darren CHAMBERS	Male	Open	04:14:18	37	21	54
1181	Amanda EMMOTT	Female	40-49	04:15:13	18	6	55
1123	Michiel LIEBENBERG	Male	Open	04:15:55	38	22	56
1201	Lara BROOKSTEIN	Female	Open	04:16:04	19	12	57
1202	Nicholas SCHWENKE	Male	Open	04:16:41	39	23	58
1095	Stephen PIENAAR	Male	40-49	04:17:13	40	12	59
1097	Marc PARKER	Male	Open	04:17:53	41	24	60
1183	Richard ROBBERTS	Male	40-49	04:19:56	42	13	61
1110	Stone GOPANE	Male	40-49	04:20:32	43	14	62
1084	Jeanette NELL	Female	40-49	04:20:50	20	7	63
1050	Jenni-Lea PETERSEN	Female	Open	04:20:56	21	13	64
1182	Manuela DIENER	Female	40-49	04:20:57	22	8	65
1048	Lana NIELSEN	Female	40-49	04:20:57	23	9	66
1105	Oscar MAMPETLANE	Male	Open	04:21:44	44	25	67
1107	Thandi KHUMALO	Female	Open	04:22:31	24	14	68
1214	Maryanne OLIVER	Female	40-49	04:26:38	25	10	69
1216	Caitlyn OLIVER	Female		04:26:38	26	26	70
1144	Douglas COUPERTHWAITE	Male	60+	04:26:39	45	2	71
1213	Ian OLIVER	Male	50-59	04:26:39	46	5	72
1215	Shannon OLIVER	Female	Open	04:26:39	27	15	73
1145	Robert COUPERTHWAITE	Male	50-59	04:26:40	47	6	74
1026	Rudi CLARK	Male	Open	04:30:18	48	26	75
1161	Haley CHAMBLER	Female	Open	04:30:34	28	16	76
1025	Liz CLARK	Female	Open	04:31:00	29	17	77
1070	Itumeleng RAMASELI	Female	Open	04:35:18	30	18	78
1003	Zania HARRISON	Female	Open	04:35:36	31	19	79
1138	Nicole SAUNDERS	Female	Open	04:36:19	32	20	80
1137	Arjen FRICK	Male	40-49	04:36:20	49	15	81
1185	Caroline ADAM	Female	40-49	04:36:26	33	11	82

1036	Martina LONGMORE	Female	40-49	04:36:42	34	12	83
1039	Nicky FLOROS	Female	Open	04:36:43	35	21	84
1024	Thuthukile MKHIZE	Female	Open	04:38:46	36	22	85
1088	Andrea LOGAN	Female	Open	04:39:35	37	23	86
1089	Scott LOGAN	Male	40-49	04:39:35	50	16	87
905	Monika MARTIN	Female	40-49	04:41:24	38	13	88
1038	Sharon Lea BYERS	Female	50-59	04:41:24	39	1	89
1021	Rodney FRANCIS	Male	60+	04:41:24	51	3	90
1004	Gillian JEVON	Female	50-59	04:41:25	40	2	91
1154	Ann TURNER	Female	50-59	04:48:26	41	3	92
1093	Leona LAMONT	Female	40-49	04:49:06	42	14	93
1058	Sandra WAKEFORD	Female	40-49	04:54:48	43	15	94
1064	Craig WAKEFORD	Male	40-49	04:54:48	52	17	95
1040	John PICKUP	Male	60+	04:55:20	53	4	96
1006	Jane STOTT	Female	Open	04:55:21	44	24	97
1041	Christine PICKUP	Female	50-59	04:55:21	45	4	98
1211	Ivan DORFLING	Male	Open	04:59:30	54	27	99
1135	Meghan BAIOCCHI	Female	Open	05:00:34	46	25	100
1092	Baphumze RUBULUZA	Male	40-49	05:06:56	55	18	101
1103	Lebogang MOTSAATHEBE	Female	Open	05:08:04	47	26	102
1114	Xolelwa NDALENI	Female	Open	05:08:09	48	27	103
1007	Dianne CILLIERS	Female	50-59	05:08:14	49	5	104
1171	Malani VAN HUYSTEEN	Female	50-59	05:08:54	50	6	105
1091	Mihaela PETCU	Female	50-59	05:09:59	51	7	106
1136	Kenny WILLIAMS	Male	60+	05:10:01	56	5	107
1031	Vanessa HATTINGH	Female	40-49	05:10:01	52	16	108
1194	Tracy RAWLINS	Female	50-59	05:10:39	53	8	109
1029	Melanie MOORE	Female	50-59	05:10:39	54	9	110
1187	Ivan AYLWARD	Male	50-59	05:10:40	57	7	111
1028	Lee Juan TARR	Female	50-59	05:10:40	55	10	112
1195	Fabian CAZARES	Male	40-49	05:15:30	58	19	113
1057	Liliana LOPEZ	Female	Open	05:15:30	56	28	114
1053	Moira WALKER	Male	40-49	05:20:02	59	20	115
1054	Mel KRUISE	Male	40-49	05:20:02	60	21	116
1005	Gregory DE KLERK	Male	60+	05:22:00	61	6	117
1082	Wendy CONSTANTINE	Female	50-59	05:25:16	57	11	118
1133	Kate COUCHMAN	Female	40-49	05:27:21	58	17	119
1073	Sharlene MCGILVRAY	Female	60+	05:28:17	59	2	120
1167	Kathy SCOTT	Female	50-59	05:29:39	60	12	121
1023	Mary Elizabeth PARKER	Female	60+	05:29:52	61	3	122
1009	Alison CHADWICK	Female	50-59	05:36:27	62	13	123
1014	Peter WEANIE	Male	60+	05:36:27	62	7	124
1017	Susan WEANIE	Female	50-59	05:36:27	63	14	125
1164	Este DU TOIT	Female	50-59	05:36:35	64	15	126
1208	Mia ACUTT	Female	Open	05:38:25	65	29	127
1209	Jon ACUTT	Male	Open	05:38:28	63	28	128
1045	Vimla PAUL	Female	50-59	05:39:45	66	16	129
959	Avril SHEWAN	Female	Open	05:41:24	67	30	130
1146	Judy KOCH	Female	60+	05:41:25	68	4	131
1149	Nicolette HOHLS	Female	50-59	05:42:00	69	17	132
1148	Wendy SAINT SLATER	Female	40-49	05:42:00	70	18	133
1101	Simo MIYA	Female	Open	05:44:28	71	31	134
1102	Palesa SENGOATSI	Female	Open	05:44:53	72	32	135
1099	Patience MASHELA	Female	Open	05:44:54	73	33	136
924	Kirsten MC DONALD	Female	Open	05:45:22	74	34	137
925	Michelle KERR	Female	Open	05:45:29	75	35	138
1011	Jocelyne GREGG-MACDONALD	Female	60+	05:47:01	76	5	139

1018	Mark David GREGG-MACDONALD	Male	50-59	05:47:01	64	8	140
1118	Busi XULU	Female	Open	05:47:04	77	36	141
1117	Nosisa PHOSWA	Female	Open	05:47:04	78	37	142
1096	Pamela COCKCROFT	Female	60+	05:47:10	79	6	143
1094	Eleanor PIENAAR	Female	40-49	05:47:10	80	19	144
1013	Marita OLIVIER	Female	40-49	05:47:41	81	20	145
1033	Terence OWEN	Male	60+	05:49:53	65	8	146
1147	Bernard KOCH	Male	60+	05:50:07	66	9	147
1071	Herve ROUGIER-LAGANE	Male	60+	05:53:57	67	10	148
1051	7.10105E+12 SHONGWE	Female	40-49	05:56:49	82	21	149
1008	Gillian SCOTT	Female	60+	06:01:34	83	7	150
1020	Richard PARKER	Male	60+	06:04:43	68	11	151
1001	Vicki HICKEN	Female	Open	06:07:09	84	38	152
1199	Pamela RASMUSSEN	Female	60+	06:07:09	85	8	153
1124	Carmen TISSANG	Female	40-49	06:20:40	86	22	154
1069	Nicole MILLER	Female	40-49	06:20:42	87	23	155
1032	Carol OWEN	Female	50-59	06:21:02	88	18	156
1046	Olga THANGAVAY	Female	40-49	06:24:41	89	24	157
1104	Sendra LETSOALO	Female	Open	06:25:50	90	39	158
1109	Maria METSWAMERE	Female	40-49	06:25:51	91	25	159
1142	Annemi KOTZE	Female	Open	06:27:07	92	40	160
1130	Tamlyn JOLLY	Female	Open	06:29:08	93	41	161
1143	Michelle VINCENT	Female	40-49	06:29:08	94	26	162
1074	Barclay HALLETT	Male	50-59	06:29:35	69	9	163
1075	Jandi HALLETT	Female	50-59	06:29:36	95	19	164
1066	Shawn MEYER	Male	50-59	06:29:36	70	10	165
1067	Amanda MEYER	Female	40-49	06:29:37	96	27	166
1158	Wayne USHER	Male	40-49	06:36:14	71	22	167
1125	Carmel JOSEPH	Female	40-49	06:39:39	97	28	168
1111	Jeremiah PHILLIPS	Male	40-49	06:46:59	72	23	169
1042	Matthew WATTS	Male	Open	06:47:56	73	29	170
1090	Dallas BRETT	Male	60+	06:49:26	74	12	171
1065	Robert ALDERTON	Male	60+	06:49:26	75	13	172
1022	Fiona DAWSON	Female	60+	06:57:26	98	9	173
1173	Kari MCDONAGH	Female	40-49	06:58:29	99	29	174
1198	Jacobus MALAN	Male	40-49	06:58:29	76	24	175
1160	Jonathan SHUTTE	Male	Open	06:58:29	77	30	176
1044	Emma POTTS	Male	Open	06:59:30	78	31	177
1061	Gwenda WATTS	Female	60+	06:59:30	100	10	178
1205	Michelle PRINSLOO	Female	Open	07:20:36	101	42	179
1056	Natasha KELLY	Female	Open	07:32:20	102	43	180