

## Overall 9km Trail Run

Race No	Name	Sex	Age Cat	Batch	Race Time	Ov Pos	Age Pos
27398	HLELANI RADEBE	M	19 to 29	A	0:35:49	1	1
51604	MLUNGISI NTOMBELA	M	19 to 29	A	0:36:32	2	2
56424	JONATHAN WERTH	M	U14	A	0:36:57	3	1
56541	CHARLI MLOTSHWA	M	U14	A	0:37:46	4	2
X7565	ROY NEWLANDS	M	40 to 49	A	0:41:55	5	1
98743	RACHEL VAN DEVENTER	F	U16	C	0:45:06	1	1
5280	JENNA FYVIE	F	U18	A	0:46:05	2	1
8057	RYAN VAN DEVENTER	M	40 to 49	C	0:46:12	6	2
B1190	JOEL MARTIN	M	40 to 49	A	0:46:13	7	3
B1421	THOBANI MBOSANA	M	U18	A	0:48:18	8	1
B1228	THEMBEKILE MTHIMUNYE	F	19 to 29	B	0:48:24	3	1
19105	CHRISTY RICHARDS	F	19 to 29	A	0:50:19	4	2
X12589	CORA-GENE SPIRES	F	19 to 29	A	0:51:02	5	3
92405	ALEXANDRA NORCOTT	F	U16	C	0:51:15	6	2
99393	MICHAEL MARNEWICK	M	50 to 59	C	0:51:42	9	1
B1422	SIBHALA KHOZA	M	U18	A	0:53:47	10	2
B1272	ALYSON SCHEEPERS	F	30 to 39	A	0:54:29	7	1
34690	BERNARD VAN DER WESTHUIZEN	M	19 to 29	A	0:54:30	11	3
B1383	MDUDUZI NKALA	M	40 to 49	C	0:54:33	12	4
12640	PAUL SCRUBY	M	50 to 59	A	0:54:54	13	2
X48824	LUKE NEWLANDS	M	U14	A	0:55:06	14	3
1966X	SHAWN MEYER	M	50 to 59	A	0:55:11	15	3
52181	BELLA HACKLAND	F	U16	A	0:56:12	8	3
B1431	MADISON CATHEY	F	U16	A	0:56:14	9	4
XB0739	GARTH CATHEY	M	40 to 49	A	0:56:17	16	5
64058	SAMANTHA STRYDOM	F	30 to 39	C	0:56:47	10	2
A8517	ROBYN DU TREVOU	F	30 to 39	A	0:56:51	11	3
4136	JAMES FELGATE	M	40 to 49	A	0:57:06	17	6
B1141	REINHARDT HARTZENBERG	M	40 to 49	C	0:59:02	18	7
25585	HANA NEWLANDS	F	U12	A	0:59:05	12	1
45556	CAMERON EDWARDS	F	40 to 49	C	1:00:06	13	1
A7181	KATHERINE MCINTOSH	F	40 to 49	C	1:00:10	14	2
B1248	MICHELLE HATTINGH	F	40 to 49	C	1:00:56	15	3
B1249	JO WILD	F	30 to 39	B	1:00:57	16	4
41335	MONIQUE VAN DEVENTER	F	40 to 49	C	1:01:45	17	4
4172	CINDY NORCOTT	F	50 to 59	C	1:01:57	18	1
64057	CALLUM STRYDOM	M	U12	C	1:02:03	19	1
96089	VICKY FALKSON	F	40 to 49	A	1:02:07	19	5
9020	DEVON HAMILTON	M	19 to 29	A	1:02:15	20	4
19461X	HAYDEN RICH	M	19 to 29	A	1:02:22	21	5
B1384	BELUKAZI NKALA	F	40 to 49	C	1:02:23	20	6
B0704	SANELE GUMEDE	M	19 to 29	C	1:02:38	22	6
58040	KATE BUTLIN	F	30 to 39	C	1:02:39	21	5
71097X	TYRON BOTHA	M	40 to 49	A	1:03:01	23	8
B1142	ALOUISE HARTZENBERG	F	30 to 39	C	1:03:41	22	6

19474	ANTHONY ALBRIGHTSON	M	40 to 49	A	1:03:45	24	9
30324	JAN SMUTS	M	40 to 49	A	1:04:02	25	10
B1155	ANDY COCHRANE	M	60 to 69	A	1:04:06	26	1
71096X	ASHLEIGH BOTHA	F	40 to 49	A	1:04:27	23	7
56115	RENEE VEENSTRA	F	30 to 39	C	1:04:42	24	7
8274	MICHAEL WERTH	M	50 to 59	B	1:05:01	27	4
X12586	BYRAN SPIRES	M	40 to 49	A	1:05:34	28	11
9766	KIRBY FELIX	F	19 to 29	A	1:06:18	25	4
60067	MANDY DIXON	F	60 to 69	B	1:06:19	27	1
71420	JANA DAMMANN	F	U16	A	1:06:19	26	5
5395	SHARLEIGH WILKEN	F	40 to 49	C	1:06:22	28	8
A8148	JOLENE SMYTHE	F	40 to 49	B	1:06:23	29	9
B0786	RICHARD BUTHELEZI	M	50 to 59	A	1:06:39	29	5
80441	KATHERINE HELYAR	F	19 to 29	A	1:06:47	30	5
5194	JULIA DE WAAL	F	19 to 29	B	1:07:05	31	6
B0956	HANNAH EVANS	F	19 to 29	B	1:07:06	32	7
B1050	CASEY HORNSBY	F	19 to 29	B	1:07:08	33	8
76356	MORGAN JACKSON	F	U18	B	1:07:50	34	2
83233	SONJA FRANKE	F	40 to 49	A	1:08:01	35	10
58025	FRED LOCHNER	M	50 to 59	A	1:08:19	30	6
B1362	COSMOS NGCONGO	M	30 to 39	B	1:08:53	31	1
8075	JOHN WASSERFALL	M	60 to 69	A	1:09:18	32	2
19879X	SALLY VEENMAN	F	40 to 49	A	1:09:48	36	11
7995X	LISA COMRIE	F	50 to 59	A	1:09:54	37	2
46889X	WENDY HOLLINGSWORTH	F	40 to 49	A	1:10:00	38	12
B1283	BRIGITTE JACOBS	F	50 to 59	C	1:10:49	39	3
48242	DEBBIE SOROUR	F	40 to 49	C	1:11:06	40	13
70398	HANNAH MARKHAM	F	19 to 29	B	1:11:09	41	9
B1164	JANETTE COCHRANE	F	60 to 69	A	1:11:32	42	2
64437	MARTIN ROESTOF	M	50 to 59	A	1:11:46	33	7
81368	SANDY STEWART	F	50 to 59	A	1:11:48	43	4
70977	PAMELA CORLETT	F	40 to 49	A	1:11:53	44	14
B1296	MAGS WESTERHOF	F	40 to 49	C	1:12:23	45	15
16177	KERRY RICHMOND	F	40 to 49	C	1:12:30	46	16
39303	GEORGE HODGSON	M	70+	C	1:12:48	34	1
80349	TERENCE ELSON	M	30 to 39	C	1:12:49	35	2
X11656	STORM LANGLEY	F	19 to 29	A	1:13:37	47	10
34306	TARYN HILLERMANN	F	30 to 39	C	1:13:48	48	8
2328	KAY MEYRICK	F	60 to 69	C	1:14:54	49	3
47437	VALMA OSBORNE	F	50 to 59	A	1:15:07	50	5
9678	LILIAN ELS	F	50 to 59	A	1:15:07	51	6
B1341	MARY NASH GERNEKE	F	60 to 69	A	1:15:17	52	4
72948	JULIE DAKERS	F	50 to 59	A	1:15:30	53	7
92144	CARRIE GRACIE	F	40 to 49	A	1:15:31	54	17
B1335	PHAKA ZONDI	M	19 to 29	A	1:16:08	36	7
A8196	SILINDILE RADEBE	F	30 to 39	C	1:16:27	55	9
60795	SONJA NEWLANDS	F	40 to 49	A	1:16:31	56	18
76931	CHERYL MOIG	F	40 to 49	C	1:16:31	57	19
71146	ULRIKE GRAHAM	F	50 to 59	A	1:17:13	58	8
96479	CHARMAINE CHELIN	F	50 to 59	A	1:17:43	59	9

96467	MICHELLE SCHEEPERS	F	60 to 69	A	1:17:45	60	5
34854	LYNDA VERSTER	F	40 to 49	C	1:18:23	61	20
47323	GLYNIS RADFORD	F	60 to 69	C	1:18:23	62	6
72871	JULIE-ANN KRUGER	F	50 to 59	A	1:18:29	63	10
B0773	THABISILE ZULU	F	40 to 49	A	1:18:48	64	21
59467	HAYLEY WOOD	F	50 to 59	C	1:18:55	65	11
35295	STEVEN STOREY	M	30 to 39	C	1:19:00	37	3
10048	JENNY HENSCHER	F	50 to 59	C	1:19:01	66	12
3308	MICHAEL ORAM	M	40 to 49	C	1:19:03	38	12
B0752	MPUMELELO MPANZA	F	40 to 49	A	1:20:09	67	22
B1385	BAWELILE MKHIZE	F	30 to 39	A	1:20:42	68	10
89822	KEGAN TASKER	M	19 to 29	C	1:20:46	39	8
50486	TEGAN TASKER	F	30 to 39	C	1:20:50	69	11
34307	GARRETH DOVEY	M	30 to 39	C	1:21:01	40	4
10758	EMMA SOROUR	F	19 to 29	C	1:21:09	70	11
3055	EDEN CRIGHTON	F	30 to 39	C	1:21:09	71	12
99529	RAYMOND GOATLEY	M	70+	A	1:22:48	41	2
56009	BUSISIWE ANGEL MAPHANGA	F	40 to 49	B	1:23:00	72	23
64050	JOHANN STRYDOM	M	40 to 49	C	1:23:09	42	13
5870	JOLEIGH STRYDOM	F	U10	C	1:23:11	73	1
41408	SUE GRIFFITHS	F	60 to 69	A	1:23:16	74	7
96932	WENDY BOTES	F	70+	A	1:23:23	75	1
B1386	THANDO NDIRIMANDE	F	19 to 29	A	1:24:09	76	12
8572	ZELDA VERWEY	F	40 to 49	C	1:24:49	77	24
35498	CHRISTINE BEATTIE	F	19 to 29	A	1:25:06	78	13
B0987	TARA FITZGERALD	F	30 to 39	A	1:25:13	79	13
B1147	ANDREW VAN RENSBURG	M	19 to 29	A	1:25:28	43	9
59386	ALLYSON HIGGS	F	50 to 59	C	1:26:21	80	13
72598	SARAH WALLIS	F	50 to 59	C	1:26:30	81	14
3808	RATIDZO TINAGO	F	30 to 39	A	1:26:52	82	14
95721	MARGIE DE WET	F	50 to 59	C	1:28:16	83	15
B1286	JOHN SLATTER	M	60 to 69	C	1:28:27	44	3
B0823	THEMBEKA MLAMBO	F	30 to 39	A	1:28:50	84	15
B1165	WENDY RIDDELL	F	60 to 69	A	1:29:25	85	8
56693	SAM HOLLINS	F	40 to 49	C	1:29:52	86	25
82470	JORDAN HOLLINS	M	19 to 29	C	1:29:56	45	10
B1250	LIZ ENGLEFIELD	F	60 to 69	B	1:30:15	87	9
B0952	ZIZO GIDIMISANA	F	30 to 39	A	1:30:27	88	16
X5395	SHARLEIGH WILKEN	F	40 to 49	A	1:32:43	89	26
9710	JOYCE CHITJA	F	40 to 49	C	1:32:59	90	27
B1160	MHLENGI ZUMA	M	30 to 39	C	1:33:02	46	5
B1137	THABSILE THWALA	F	30 to 39	C	1:33:15	91	17
B1136	SIKHONA NDLOVU	F	30 to 39	C	1:33:17	92	18
50230	JANIE ERASMUS	F	50 to 59	A	1:44:53	93	16
55318	INGE MILBANK	F	60 to 69	A	1:45:00	94	10
14340	MARTINE PAREDIS	F	50 to 59	A	1:45:21	95	17
54777	ULRIKE VAN ROOYEN	F	50 to 59	A	1:45:31	96	18
54732	JEN DU PREEZ	F	30 to 39	A	1:45:34	97	19
18957	LOURETTE O'REILLY	F	60 to 69	A	1:45:46	98	11
B0934	BRENDA KERR	F	60 to 69	A	1:45:52	99	12

B0984	VANESSA TILLET	F	50 to 59	A	1:45:59	100	19
9460	SARAH STOTT	F	50 to 59	C	1:46:08	101	20
99593	PENELOPE ORTON	F	60 to 69	C	1:46:11	102	13
B1253	BEVERLEY BUCK	F	50 to 59	A	1:50:38	103	21
8929	GRAHAM BUCK	M	60 to 69	A	1:50:41	47	4
8955	JANE BAIN	F	60 to 69	C	1:51:10	104	14
45801	PAMELA VAN ROOYEN	F	60 to 69	C	1:51:18	105	15
56018	NONTOBEKO MJADU	F	30 to 39	B	1:52:43	106	20
4454	LINDA ATTWELL	F	60 to 69	A	2:11:25	107	16
3056X	DUNCAN COMRIE	M	50 to 59	A	2:55:56	48	8
58967X	LYNNE GARNHAM	F	40 to 49	A	2:56:01	108	28
B1296	MAGS WESTERHOF	F	40 to 49	C	2:57:42	109	29

## Overall 18km Trail Run

Race No	Name	Sex	Age Cat	Batch	Race Time	Ov Pos	Age Pos
65208	JOE MAPHUMELO	M	19 to 29	A	1:06:42	1	1
B1235	AYANDA NGCOBO	M	19 to 29	A	1:11:49	2	2
B1234	BONGANI HLONGWANE	M	19 to 29	A	1:11:52	3	3
98904	MZAMO ZONDI	M	19 to 29	A	1:13:04	4	4
65214	MXOLISI ZONDI	M	19 to 29	A	1:14:42	5	5
42076	DAVID VAN DER VEEN	M	19 to 29	A	1:16:11	6	6
8485	MSAWENKOSI MTOLO	M	19 to 29	A	1:18:17	7	7
79556	THULANI SKHAKHANE	M	19 to 29	A	1:20:16	8	8
9090	GARY HILL	M	30 to 39	A	1:25:19	9	1
44255	GERALD PAVEL	M	40 to 49	B	1:26:58	10	1
51121	RICHARD HARRISON	M	40 to 49	B	1:27:15	11	2
1103	CAREL LE ROUX	M	40 to 49	A	1:27:20	12	3
B0931	NTOBEKO NTULI	M	40 to 49	A	1:28:20	13	4
XB1301	KARIN JOUBERT	F	40 to 49	A	1:28:29	1	1
96665	WILL HAYNES	M	40 to 49	A	1:28:48	14	5
B1419	BONGUMUSA MKHIZE	M	U18	B	1:29:01	15	1
94882	BENJAMIN DE VILLIERS	M	19 to 29	A	1:31:03	16	9
5068	SARAH GRAY	F	30 to 39	A	1:32:51	2	1
80453	MICHAEL HIND	M	40 to 49	C	1:34:00	17	6
83661	NOKUKHANYA MEMELA	F	30 to 39	A	1:34:49	3	2
41521	RICHARD VAN RENSBURG	M	19 to 29	A	1:36:13	18	10
3873	LAURI ADAMS	F	30 to 39	A	1:36:16	4	3
4868	KIRSTY SCOTT	F	30 to 39	A	1:37:04	5	4
9303	RICHARD ROBBERTS	M	40 to 49	A	1:39:06	19	7
62134	HAYLEY MACKINNON	F	40 to 49	A	1:39:29	6	2
82493	NTUTHUKO NGCAMU	M	40 to 49	A	1:40:53	20	8
28852	DARIO SCUSSEL	M	40 to 49	C	1:41:27	21	9
12700	PATRICIA DAMMANN	F	40 to 49	C	1:41:28	7	3
B1204	WRAY RADFORD	M	40 to 49	A	1:42:03	22	10
1800	ANDRE DE OLIVEIRA	M	50 to 59	A	1:42:03	23	1
13599	SEFTON FRIPP	M	40 to 49	B	1:43:06	24	11
23725	IAN DAMERELL	M	50 to 59	B	1:44:20	25	2

91326	OWEN BENGO	M	40 to 49	A	1:44:24	26	12
21047	AMANDA SPRINGER	F	30 to 39	C	1:44:31	8	5
71890	CAMERON RAWLINS	M	19 to 29	C	1:46:07	27	11
45913	FRANCES STAPYLTON-SMITH	F	30 to 39	C	1:46:16	9	6
96769	PHILANI KHUMALO	M	40 to 49	A	1:46:21	28	13
B1348	BRANDON CAINE	M	50 to 59	C	1:47:31	29	3
79397	KENT GRAVELET-BLONDIN	M	30 to 39	B	1:47:55	30	2
66621	JACK MANN	M	50 to 59	A	1:48:01	31	4
11536	LUKE_ PLOTTS	M	19 to 29	C	1:49:08	32	12
12024	MICHAEL MCILROY	M	30 to 39	A	1:49:38	33	3
B0826	TONI SEERY	F	30 to 39	A	1:49:45	10	7
11801	STEPHEN PIENAAR	M	40 to 49	A	1:49:51	34	14
96092	KATHERINE GIBSON	F	40 to 49	C	1:50:05	11	4
45770	DIANE HOPE	F	30 to 39	A	1:51:02	12	8
35449	NICHOLETTE SPENCE	F	30 to 39	C	1:53:08	13	9
70603	MARLENE DE BEER	F	60 to 69	C	1:53:10	14	1
B1416	NICK GRANTHAM	M	30 to 39	A	1:58:21	35	4
51071	ANGELA FARR	F	40 to 49	A	1:58:24	15	5
12019	HEIDI PAUL	F	50 to 59	C	1:58:59	16	1
86510	NIKKI KELBRICK	F	40 to 49	A	1:59:25	17	6
B0830	LIEZEL BOOY	F	40 to 49	A	1:59:27	18	7
50616	RYAN WARREN	M	40 to 49	B	2:00:22	36	15
54356	KAREN MAIDEN	F	50 to 59	C	2:01:51	19	2
B1302	NEILL WARREN	M	40 to 49	B	2:04:16	37	16
86722	GRANT HORNER	M	50 to 59	C	2:04:42	38	5
98815	ANDREW QUINLAN	M	50 to 59	C	2:04:45	39	6
6491	LINDY TRUTER	F	40 to 49	C	2:05:51	20	8
93032	LAUREN CHAPPLE	F	40 to 49	C	2:05:59	21	9
B0810	MEGAN-LEE HOGG	F	19 to 29	C	2:06:18	22	1
9490	LIESL CURTIS	F	40 to 49	C	2:06:38	23	10
91528	LES BURNARD	M	60 to 69	C	2:06:42	40	1
11079	KATHERINE JACKSON	F	40 to 49	C	2:06:59	24	11
B1210	AMBER RAWLINS	F	19 to 29	C	2:08:33	25	2
98600	HAYDN RAWLINS	M	50 to 59	C	2:08:38	41	7
7452	MARINA DE KOCK	F	40 to 49	B	2:10:13	26	12
A8149	CRAIG SMYTHE	M	50 to 59	C	2:11:34	42	8
97398	NOSISA PHOSWA	F	30 to 39	B	2:11:53	27	10
7372	MLUNGISI ZWANE	M	40 to 49	B	2:11:55	43	17
B0936	STEWART KERR	M	60 to 69	C	2:12:57	44	2
7457	DARREN DE KOCK	M	50 to 59	B	2:13:29	45	9
96582	MARLENE VAN STADEN	F	40 to 49	B	2:13:33	28	13
A8113	NICOLAAS VAN STADEN	M	40 to 49	B	2:13:35	46	18
7085	STEVE GILLHAM	M	50 to 59	A	2:13:42	47	10
39530	DEBBIE CURRIE	F	40 to 49	A	2:13:49	29	14
64326	RENEE DRIEMEYER	F	40 to 49	A	2:13:50	30	15
96151	NELIA VAN SCHALKWYK	F	40 to 49	C	2:15:08	31	16
19152	CHANTEL BROMWICH	F	40 to 49	C	2:16:18	32	17
45986	JODI KENDALL	F	40 to 49	C	2:17:51	33	18
70386	JESSICA JACOBS	F	30 to 39	C	2:19:56	34	11
96679	ZARA SOOFIE	F	19 to 29	C	2:19:58	35	3

47027	VICKI HICKEN	F	30 to 39	B	2:20:12	36	12
56260	KIRSTEN MC DONALD	F	30 to 39	B	2:20:14	37	13
1973	AMANDA KELLY	F	40 to 49	B	2:20:25	38	19
57891	SHARON SMITH	F	40 to 49	C	2:21:15	39	20
B1167	WAYNE VAN NOORDWYK	M	40 to 49	C	2:21:23	48	19
43404	MARLIZE SHELTON	F	40 to 49	A	2:21:55	40	21
B1079	RENEE MASON	F	40 to 49	C	2:23:59	41	22
6049	LISA CAMPBELL	F	40 to 49	C	2:25:41	42	23
B1133	TOYA GEORGICOPOULOS	F	40 to 49	C	2:27:18	43	24
78220	SONJA FOURIE	F	30 to 39	C	2:27:28	44	14
B1122	BRENDA GREY	F	40 to 49	C	2:30:44	45	25
99004	IMMACULATE JWILI	F	50 to 59	A	2:32:10	46	3
A8162	CARLA BOTHA	F	30 to 39	A	2:32:37	47	15
16895	AMY ASHTON	F	40 to 49	A	2:32:42	48	26
B1417	SIBIZO MNGADI	M	40 to 49	A	2:33:02	49	20
B0972	VICTORIA WILSON	F	30 to 39	A	2:33:43	49	16
B0993	NOLITHA MDLULWA	F	30 to 39	B	2:34:13	50	17
97172	ELEANOR PIENAAR	F	40 to 49	A	2:37:14	51	27
37409	PAMELA COCKCROFT	F	60 to 69	A	2:37:15	52	2
4006	SKHUMBUZO LEMBETHE	M	40 to 49	B	2:38:05	50	21
B1140	KATHLEEN BUCHANAN	F	19 to 29	B	2:38:52	53	4
27721	SUNET SLABBERT	F	40 to 49	C	2:43:35	54	28
27251	HILARY GREENWOOD	M	70+	C	2:44:54	51	1
26972	WENDY STOREY	F	30 to 39	C	2:44:58	55	18
5051	OBVIOUS SHOKO	M	30 to 39	A	2:45:42	52	5
B1418	MATTHEWS LHLALHLA	M	30 to 39	B	2:48:00	53	6
7928	RODNEY SHELTON	M	40 to 49	A	2:56:15	54	22
7894	SUSSIE MJWARA	F	30 to 39	C	2:59:20	56	19
58111	GCINILE NTULI	F	30 to 39	C	2:59:55	57	20
B1171	CHANTELLE VINK	F	30 to 39	C	3:03:43	58	21
98705	JULIANA VORSTER	F	50 to 59	C	3:03:46	59	4

## Overall 18km MTB

Race No	Name	Sex	Age Cat	Batch	Race Time	Ov Pos	Age Pos
90763	OMAR WILSON	M	Sub Junior	A	0:43:56	1	1
17858	JOSHUA JOHNSON	M	Sprog	A	0:43:58	2	1
5838	CHADD SMITH	M	Sub Junior	A	0:45:46	3	2
37843	JOSHUA METCALF	M	Sub Junior	A	0:46:02	4	3
5984	SAMUEL QUIN	M	Sub Junior	A	0:47:08	5	4
86845	ERRIN MACKRIDGE	F	Sub Junior	A	0:47:10	1	1
A9152	SETH ASZALOS	M	Sprog	A	0:47:20	6	2
98654	JOSHUA PAUL	M	Sprog	A	0:49:07	7	3
36893	MATTHEW HORTER	M	Sub Junior	A	0:50:35	8	5
5988	KEEGAN QUIN	M	Sub Junior	A	0:50:43	9	6
68689	MITCHELL BRYAN BOIK	M	Sub Junior	A	0:50:54	10	7
B1329	KEEGAN VOGT	M	Sprog	A	0:51:04	11	4
37423	TRENT MARCHAND	M	Sub Junior	A	0:51:35	12	8

18945	HEINRICH DE BRUYN	M	Youth	D	0:51:53	13	1
62136	JODI MACKINNON	F	Sub Junior	A	0:51:56	2	2
A7187	BRANDON PAUL	M	Master	C	0:52:13	14	1
38077	AMBER COLE	F	Sub Junior	A	0:52:26	3	3
24653	MADISON BATESON	F	Sprog	A	0:52:27	4	1
82661	BRAYDEN WALKER	M	Sub Junior	A	0:52:35	15	9
30882	ANNEMARIE FOURIE	F	Veteran	D	0:53:29		ebike
62218	CADE SMITH	M	Sprog	A	0:54:25	16	5
86846	CAMERON MACKRIDGE	M	Sprog	A	0:54:27	17	6
23855	ABBEY HACKLAND	F	Sub Junior	A	0:56:10	6	4
36843	COLE SELICK	M	Sub Junior	A	0:56:16	18	10
37845	ELLIOTT METCALF	M	Sprog	A	0:56:36	19	7
28579	MAX JOHNSON	M	Nipper	A	0:56:54	20	1
5805	NICO WOLMARANS	M	Veteran	D	0:57:16	21	1
25446	CADE FRANCIS	M	Sprog	B	1:00:20	22	8
4473	CHRISTOPHER MASON	M	Nipper	A	1:00:22	23	2
3056	DUNCAN COMRIE	M	Master	D	1:00:50	24	2
58967	LYNNE GARNHAM	F	Veteran	D	1:00:55	7	1
75390	LUNGISANI XABA	M	Sub Veteran	A	1:00:56	25	1
B1310	DANIEL HUNWICK	M	Sprog	B	1:03:37	26	9
63930	JOSH FORD	M	Youth	A	1:04:00	27	2
67435	BLAKE WRIGHT	M	Nipper	B	1:04:25	28	3
18046	SHAUN WRIGHT	M	Master	B	1:04:57	29	3
7892	GARETH CLARK	M	Sub Junior	B	1:06:17	30	11
82660	EVAN WALKER	M	Sprog	A	1:07:05	31	10
1966	SHAWN MEYER	M	Master	D	1:07:10	32	4
64057	CALLUM STRYDOM	M	Sprog	C	1:07:54	34	11
57512	SHAUN HOWARD	M	Veteran	A	1:07:54	33	2
23741	RUBEN RUDLING	M	Sub Junior	A	1:08:06	35	12
7565	ROY NEWLANDS	M	Veteran	B	1:08:10	36	3
76988	ALLAN ROBERT	M	Grand Master	A	1:08:12	37	1
7266	ALAN RUDLING	M	Master	A	1:08:19	38	5
B1278	LIAM MCINTOSH	M	Nipper	A	1:08:39	39	4
B1309	SEBASTIEN HUNWICK	M	Sprog	B	1:08:40	40	12
41420	BRETT CULLIS	M	Veteran	A	1:09:56	41	4
53946	ASHTON VISSER	F	Sub Veteran	B	1:10:01	8	1
58439	TIA MARNEWICK	F	Youth	A	1:10:07	9	1
15316	TYRON VERWEY	M	Sub Junior	A	1:10:14	42	13
7223	WILLEM VAN SCHALKWYK	M	Grand Master	D	1:10:36	43	2
93183	ROBERT CULLIS	M	Sub Junior	A	1:10:38	44	14
96607	EVAN GRANT	M	Nipper	A	1:10:43	45	5
71606	GREG DOWSETT	M	Veteran	A	1:10:43	46	5
46113	JONO GRANT	M	Sub Veteran	A	1:10:45	47	2
B1292	NATASHA MOORE	F	Senior/Elite	B	1:11:12	10	1
B1295	KYLE HOLMES	M	Sub Veteran	B	1:11:38	48	3
14755	BRENDON DE WINNAAR	M	Sub Veteran	C	1:12:00	49	4
64050	JOHANN STRYDOM	M	Veteran	C	1:12:19	50	6
4922	RAYMOND SWANEPOEL	M	Sub Junior	A	1:13:16	51	15
B1140	KATHLEEN BUCHANAN	F	Senior/Elite	C	1:13:31	11	2
45348	MIKE MASON	M	Veteran	A	1:13:33	52	7

17539	JENNIFER HARMS	F	Veteran	B	1:13:38	12	2
81190	PRANNESH MAHARAJ	M	Veteran	B	1:14:37	53	8
73478	JORDAN FRYER DUDLEY	M	Sub Junior	D	1:14:58	54	16
94871	MARK EBSWORTH	M	Veteran	B	1:15:08	55	9
3073	AMY-LEIGH NAUDE	F	Youth	A	1:15:09	13	2
B1138	KENNITH CAISTER	M	Junior	A	1:15:11	56	1
71685	CHANEL LOURENS	F	Veteran	A	1:15:11	14	3
30027	BENJAMIN DU PLOOY	M	Sub Veteran	D	1:15:13	57	5
54055	CHRISTOPHER-LEE ANTHONY	M	Sub Veteran	A	1:15:15	58	6
7267	KAYE WHITWAM	F	Master	A	1:15:26	15	1
13338	JORDAN LEE	F	Senior/Elite	D	1:15:26	16	3
29409	LOUISE PERRY	F	Master	C	1:15:39	17	2
56165	DONOVAN MCCONNELL	M	Sub Veteran	A	1:15:46	59	7
B1289	SHANE COX	M	Veteran	A	1:15:52	60	10
48824	LUKE NEWLANDS	M	Sub Junior	A	1:16:19	61	17
B0745	BRYCE MARCHAND	M	Sprog	A	1:16:26	62	13
B0746	RYAN MARCHAND	M	Veteran	A	1:16:29	63	11
75396	COLE BAXTER	M	Nipper	A	1:16:43	64	6
22920	TESSA CULLIS	F	Veteran	A	1:16:56	18	4
37226	JULIAN RANDELHOFF	M	Veteran	D	1:16:58	65	12
B0640	NICOLE RAS	F	Veteran	B	1:16:59	19	5
25824	DEAN PIETERSE	M	Sub Junior	D	1:17:13	66	18
3564	JUSTIN PATTON	M	Sub Veteran	B	1:17:20	67	8
71684	MARIUS LOURENS	M	Veteran	A	1:17:58	68	13
61024	NICK MARITZ	M	Grand Master	A	1:18:35	69	3
A9049	TYLA-MAY SMALE	F	Sprog	A	1:18:52	20	2
A9161	ANDREW SMALE	M	Veteran	A	1:18:56	70	14
21876	AHMED MAHOMEDY	M	Youth	A	1:19:12	71	3
71097	TYRON BOTHA	M	Veteran	D	1:19:45	72	15
46114	LAURA GRANT	F	Sub Veteran	A	1:20:09	21	2
92068	CHEYNE STAINER	F	Veteran	A	1:20:10	22	6
2345	ROBERT WATTS	M	Master	A	1:20:14	73	6
13442	JAMIE-LEE ANDERSON	F	Senior/Elite	A	1:20:35	23	4
19461	HAYDEN RICH	M	Senior/Elite	C	1:21:27	74	1
99464	KAREN CROOKES	F	Master	B	1:21:29	24	3
2732	WAYNE MANN	M	Veteran	B	1:21:46	75	16
86622	ALISON RETIEF	F	Senior/Elite	D	1:21:49	25	5
56204	KRIBEN GOUNDER	M	Veteran	B	1:22:07	76	17
32485	CHRISTELLE VAN ZUYDAM	F	Sub Veteran	A	1:22:27	26	3
56020	NICHOLAS DEYSEL	M	Sprog	B	1:23:16	77	14
B1048	ALDANE MARAIS	M	Senior/Elite	B	1:23:55	78	2
B1239	SHANNON-LEE SAYERS	M	Senior/Elite	B	1:23:58	79	3
55623	KEVIN FIELDING	M	Veteran	B	1:24:20	80	18
18310	HANNES DE BRUYN	M	Master	D	1:25:17	81	7
79492	JEAN COLEMAN	F	Grand Master	A	1:25:27	27	1
B0232	JAYNE BROWN	F	Master	A	1:25:42	28	4
71162	RIDWAAN ESSA	M	Veteran	A	1:26:07	82	19
59620	IHSAAN BHIGJEE	M	Senior/Elite	A	1:26:08	83	4
88473	CORNE SWANEPOEL	F	Veteran	D	1:26:09	29	7
16891	JACO SWANEPOEL	M	Veteran	D	1:26:10	84	20



35094	CHRISTIAAN VAN DER LINDE	M	Youth	C	1:27:13	85	4
75614	RIAAN VAN DER LINDE	M	Veteran	C	1:27:19	86	21
B1070	REILLY ROWE	M	Sprog	A	1:27:25	87	15
75186	XANDER MCCARTHY	M	Sprog	A	1:27:29	88	16
56476	GABRIEL JOHANNES LE ROUX	M	Master	A	1:27:31	90	8
86248	JACQUES MCCARTHY	M	Veteran	A	1:27:31	89	22
B0827	SAMUKELO KHOMO	M	Sub Veteran	A	1:27:36	91	9
67012	MATTHEW CARBUTT	M	Nipper	A	1:28:05	92	7
36932	STEVEN-GERRARDH THOMAS	M	Sprog	A	1:28:09	93	17
90035	ANDREW RUDLING	M	Senior/Elite	D	1:28:10	94	5
35202	ROSS CARBUTT	M	Veteran	A	1:28:18	95	23
B1311	RUDI DE WINNAAR	M	Senior/Elite	B	1:28:29	96	6
8027	GARY FREEMAN	M	Master	A	1:29:10	97	9
A8455	SOPHIE BIRCHER	F	Nipper	A	1:29:44	30	1
B1258	RICHARD BIRCHER	M	Sub Veteran	A	1:29:46	98	10
61934	CANDYCE BREHANY	F	Veteran	B	1:30:07	31	8
37460	KYLE FURMAGE	M	Sub Junior	B	1:31:15	99	19
37399	DENVER FURMAGE	M	Veteran	B	1:31:16	100	24
7899	PAIGE CLARK	F	Nipper	B	1:31:26	32	2
B0804	BRETT VORWERK	M	Nipper	D	1:31:32	101	8
7887	LAUREN CLARK	F	Veteran	B	1:31:39	33	9
95283	ROSS THOMSON	M	Veteran	D	1:32:07	102	25
40228	LANA CHALLENGER	F	Veteran	D	1:32:10	34	10
B1130	SADDIQ XAVIER FARO	M	Sprog	C	1:32:38	103	18
41628	CRAIG RUDLING	M	Master	D	1:33:06	104	10
B1208	BRAD CUZEN	M	Senior/Elite	A	1:33:15	105	7
43117	JUDD DEREK CAMERON	M	Master	B	1:33:28	106	11
B1135	COHEN DEREK CAMERON	M	Nipper	B	1:33:33	107	9
55792	PETER RAWLINSON	M	Veteran	A	1:33:39	108	26
B1215	ANDREW STIEBEL	M	Senior/Elite	A	1:34:02	109	8
B1318	KEAGAN JAGER	M	Senior/Elite	A	1:34:05	110	9
80168	SEAN KAISER	M	Sub Veteran	D	1:34:25	111	11
B1305	BLAKE RENCKEN	M	Sprog	B	1:34:28	112	19
44917	HAYDN RENCKEN	M	Veteran	B	1:34:29	113	27
A9053	LEAH SOPHIE MITCHELL	F	Nipper	A	1:35:11	35	3
55494	CLIFF BAMBER	M	Master	B	1:35:51	114	12
20098	DONNA HENDERSON	F	Sub Veteran	B	1:35:55	36	4
58436	ELIZABETH MARNEWICK	F	Master	B	1:36:05	37	5
55752	WAYNE KEARLEY	M	Sprog	A	1:36:12	115	20
7397	JAMES SCHWIKKARD	M	Sprog	D	1:36:14	116	21
17998	TESSA FOSTER	F	Sprog	D	1:36:16	39	3
B1423	LUCA VOLPE	M	Nipper	D	1:36:37	116	10
B0933	MINORU TAKEMOTO	M	Master	B	1:37:09		ebike
B1252	ALVIN LEE CHETTY	M	Veteran	B	1:38:47	118	28
81078	LEYTON HUTCHESON	M	Junior	A	1:39:02	119	2
89712	CHRISTA SEIDLER	F	Master	B	1:39:06	40	6
A9448	MICHELE ZEILER	F	Veteran	B	1:39:17	41	11
6598	URSULA JANSE VAN VUUREN	F	Veteran	B	1:39:21	42	12
B0355	CHRISTINA MITCHELL	F	Veteran	A	1:40:34	43	13
55898	ROB MCINTOSH	M	Veteran	A	1:40:36	120	29

96242	KERRY-ANN HOPF	F	Master	D	1:41:25	44	7
55856	JESSICA MCPHERSON	F	Sprog	A	1:42:16	45	4
75755	ALLAN MCPHERSON	M	Veteran	A	1:42:16	121	30
80088	BELINDA SALMOND	F	Sub Veteran	B	1:42:46	46	5
93820	NATE BUTTEN	M	Sprog	A	1:43:11	122	21
48559	TYRONE BUTTEN	M	Veteran	A	1:43:12	123	31
B0785	MAKHOSONKE SHOZI	M	Senior/Elite	A	1:43:26	124	10
92569	RYAN MCFIE	M	Veteran	C	1:44:05	125	32
A9552	BARBARA CHOCHOLA	F	Master	B	1:44:19	47	8
80967	GORDON HUTCHESON	M	Master	A	1:46:05	126	14
B1046	TONY RANDALL	M	Master	A	1:46:23	127	15
62421	CHRIS WATKINS	M	Master	D	1:46:31	128	16
B1268	BENJAMIN EWING	M	Sprog	A	1:46:51	129	22
B0874	DAX KOHNE	M	Sprog	A	1:46:55	130	23
62139	REISHAD RAJAB	M	Veteran	D	1:48:13	131	33
6905	CALEB BOSHOFF	M	Nipper	D	1:48:19	132	11
18348	NICO BOSHOFF	M	Veteran	D	1:48:23	133	34
55621	AMY BRAND	F	Sub Veteran	B	1:50:49	48	6
67364	LILY FREEMAN SMITH	F	Sprog	D	1:52:22	49	5
X43162	KEVIN VOLPE	M	Veteran	A	1:54:37	134	35
49113	DON SOLOMONS	M	Veteran	A	1:55:20	135	36
25298	NAZEER MAHOMEDY	M	Veteran	A	1:56:30	136	37
91409	TAVISH NAIDOO	M	Nipper	D	1:56:56	138	12
43574	POOBENDRA NAIDOO	M	Veteran	D	1:56:56	137	38
82330	MAX BAXTER	M	Nipper	A	1:58:59	139	13
71960	SHELDON BAXTER	M	Veteran	A	1:58:59	140	39
54984	SEAN KOEKEMOER	M	Veteran	D	1:59:20	141	40
B1269	AIDEN KOEKEMOER	M	Nipper	D	1:59:28	142	14
B1271	LEE-ANN KOEKEMOER	F	Veteran	D	1:59:32	50	14
64081	JAN KRYNSKI	M	Grand Master	B	2:01:46	143	4
37325	WILLEM KRUGER	M	Veteran	A	2:04:25	144	41
X34307	GARRETH DOVEY	M	Sub Veteran	A	2:04:32	145	12
X34306	TARYN HILLERMANN	F	Sub Veteran	A	2:04:36	51	7
33838	KARIN MORRIS	F	Grand Master	B	2:04:43	52	2
45629	LIESL MORRIS	F	Senior/Elite	B	2:04:46	53	6
B0989	KEALYN BAILEY	M	Senior/Elite	D	2:05:05	146	11
B0988	PRABA MOONSAMY	M	Sub Veteran	D	2:05:08	147	13
55882	DIVAN DRY	M	Sprog	A	2:05:17	148	24
74644	LEE DRY	M	Veteran	A	2:05:19	149	42
B1297	DANIEL WESTERHOF	M	Nipper	A	2:07:32	150	15
B1238	KIM KUYS	M	Grand Master	D	2:09:26	151	5
31676	KATE KOHNE	F	Sub Veteran	A	2:11:50	54	8
B1195	CHAD KOHNE	M	Nipper	A	2:11:57	152	16
71096	ASHLEIGH BOTHA	F	Veteran	D	2:12:08	55	15
7995	LISA COMRIE	F	Master	D	2:12:13	56	9
19879	SALLY VEENMAN	F	Veteran	D	2:12:17	57	16
46889	WENDY HOLLINGSWORTH	F	Veteran	D	2:12:21	58	17
19878	WARREN VEENMAN	M	Grand Master	D	2:12:24	153	6
B0802	ERIN VORWERK	F	Sub Junior	D	2:16:37	59	5
18939	AMANDA DE BRUYN	F	Master	D	2:17:19	60	10

4154	GONZALO CAMPERO	M	Sub Veteran	D	2:17:27	154	14
67365	ELLA FREEMAN SMITH	F	Nipper	D	2:17:45	61	4
4118	JULIETTE FREEMAN SMITH	F	Master	D	2:17:49	62	11
52375	SARAH ALSEN	F	Master	A	2:18:07	63	12
95695	MIKE WEBSTER	M	Grand Master	A	2:18:17	155	7
74510	WILLIAM FREEMAN SMITH	M	Master	D	2:19:33	156	17
67366	LIAM FREEMAN SMITH	M	Nipper	D	2:19:51	157	17
B0801	MEREDITH VORWERK	M	Veteran	D	2:21:24	158	43
B0801	MEREDITH VORWERK	M	Veteran	D	2:21:28	159	44
B1237	CHARMAINE GRAYSON	F	Grand Master	D	2:21:39	64	3
55761	MAJA KEARLEY	F	Sprog	A	2:23:41	65	6
84005	MARYNA KEARLEY	F	Veteran	A	2:23:43	66	18
85123	CHRIS BRUORTON	M	Grand Master	A	2:26:12	160	8
B1189	DYLAN GRAY	M	Senior/Elite	A	2:26:20	161	12
B0011	GLYNIS GRAY	F	Master	A	2:26:23	67	13
92867	DOUW VAN DER WALT	M	Veteran	A	2:33:00	162	45
B1049	CRISTINA VAN DER WALT	F	Nipper	A	2:34:53	68	5
58267	SVEN SANDERS	M	Veteran	A	2:48:25	163	46
55387	SAMANTHA PERRY	F	Veteran	A	2:48:49	69	19
3056	DUNCAN COMRIE	M	Master	D	2:55:56	164	18
58967	LYNNE GARNHAM	F	Veteran	D	2:56:01	70	20
B1269	AIDEN KOEKEMOER	M	Nipper	D	3:07:58	165	18
71097	TYRON BOTHA	M	Veteran	D	3:14:51	166	47
71096	ASHLEIGH BOTHA	F	Veteran	D	4:07:14	71	21
7995	LISA COMRIE	F	Master	D	4:07:19	72	14
19879	SALLY VEENMAN	F	Veteran	D	4:07:23	73	22
46889	WENDY HOLLINGSWORTH	F	Veteran	D	4:07:27	74	23

## Overall 40km MTB

Race No	Name	Sex	Age Cat	Batch	Race Time	Ov Pos	Age Pos
A8501	BRENDAN VAN EEDEN	M	Senior/Elite	Elite	1:20:54	1	1
91402	STUART MARAIS	M	Sub Veteran	Elite	1:20:54	2	1
14073	TYRONNE WHITE	M	Sub Veteran	Elite	1:21:50	3	2
97729	MICHAEL FOSTER	M	Junior	Elite	1:24:06	4	1
46588	DANIEL VAN DER WATT	M	Junior	Elite	1:24:58	5	2
3981	ANDREW HILL	M	Sub Veteran	Elite	1:24:58	6	3
96317	DEAN VAN DYK	M	Senior/Elite	Elite	1:24:59	7	2
X85508	TERENCE HOPE	M	Sub Veteran	A	1:28:19	8	4
4504	BRENT YELLAND	M	Junior	Elite	1:29:13	9	3
34921	UNATHI NXUMALO	M	Junior	Elite	1:30:11	10	4
4205	TREVOR ROWE	M	Veteran	Elite	1:30:56	11	1
4156	JUSTIN SWANEPOEL	M	Youth	Elite	1:31:26	12	1
70304	BRAD THOMPSON	M	Senior/Elite	A	1:31:40	13	3
48295	KEEGAN TULLIS	M	Junior	Elite	1:31:44	14	5
80210	LUKE CHAMBERS	M	Senior/Elite	Elite	1:32:38	15	4
97147	LINDOKUHLE NGUBO	M	Junior	D	1:33:03	16	6
4818	FREDERICK ROSSOUW	M	Sub Veteran	Elite	1:33:42	17	5

75599	CARL ADENDORFF	M	Veteran	Elite	1:33:44	18	2
52331	MBONENI NGCOBO	M	Sub Veteran	D	1:34:03	19	6
A6520	RYAN TAYLOR	M	Junior	A	1:36:04	20	7
35931	ADAM SELICK	M	Junior	Elite	1:36:17	21	8
14484	ANDREW THEUNISSEN	M	Sub Veteran	A	1:36:54	22	8
35517	CHRIS HORTER	M	Sub Veteran	A	1:36:58	23	9
92922	BYRON EKEROLD	M	Sub Veteran	A	1:37:43	24	10
35184	NKULULEKO PEWA	M	Senior/Elite	C	1:38:48	25	5
40163	NJABULO CELE	M	Senior/Elite	D	1:39:07	26	6
4532	SIMON DINKELMAN	M	Senior/Elite	Elite	1:39:16	27	7
91623	MARIUS MOSTERT	M	Senior/Elite	Elite	1:39:17	28	8
95606	JOSH RHEEDERS	M	Senior/Elite	Elite	1:39:23	29	9
43854	GRANT GUERIN	M	Veteran	A	1:40:25	30	3
43391	NICHOLAS BURCZAK	M	Youth	Elite	1:40:35	31	2
7286	JACQUES GROBLER	M	Veteran	Elite	1:40:38	32	4
91476	DEON LE ROUX	M	Master	A	1:40:44	33	1
3829	CONNOR STEYTLER	M	Youth	Elite	1:41:37	34	3
52328	BONGUMUSA ZIKHALI	M	Senior/Elite	C	1:41:39	35	10
5493	MARKUS KAUMPEK	M	Veteran	A	1:41:41	36	5
7577	ALAN MARTIN	M	Master	A	1:41:44	37	2
2528	PAUL LANCASTER	M	Grand Master	A	1:43:22	38	1
47600	SIPHO KHUPISO	M	Senior/Elite	C	1:44:06	39	11
35823	DYLAN COX	M	Junior	A	1:44:08	40	9
7287	ROUXDA GROBLER	F	Sub Veteran	Elite	1:44:38	1	1
48916	CASPER BADENHORST	M	Master	A	1:44:40	41	3
57777	NDUMISO DONTSO	M	Senior/Elite	C	1:45:06	42	12
1221	JAMES SWART	M	Junior	A	1:45:07	43	10
20287	JONATHAN WATTS	M	Youth	A	1:45:12	44	4
5558	MATHEW ENGLISH	M	Senior/Elite	D	1:45:20	45	13
16424	JEFFREY SMITH	M	Sub Veteran	A	1:45:21	46	11
28679	WARREN RICHARDSON	M	Sub Veteran	A	1:45:57	47	12
4921	CHRISTIE-LEIGH HEARDER	F	Senior/Elite	A	1:46:13	2	1
93140	JOHN GROBLER	M	Veteran	A	1:46:15	48	6
72045	DUAN COERTZEN	M	Senior/Elite	A	1:47:09	49	14
97665	MURRAY BURGER	M	Sub Veteran	B	1:47:36	50	13
91544	TIMOTHY THEUNISSEN	M	Veteran	A	1:47:41	51	7
50759	ANGUS MCFARLANE	M	Veteran	B	1:48:00	52	8
91059	ZACHARY HUMPHRIES	M	Youth	C	1:49:22	53	5
11301	TAYNE DREW RUDLING	M	Youth	A	1:49:32	54	6
1216	ANDREW BARNES	M	Veteran	A	1:49:43	55	9
9115	JEDSON TOOMS	M	Sub Veteran	Elite	1:49:51	56	14
43162	KEVIN VOLPE	M	Veteran	B	1:49:56	57	10
4615	MARC ADAM	M	Master	A	1:50:53	58	4
14266	RUDOLF COETSER	M	Veteran	B	1:51:07	59	11
64608	MATTHEW RORKE	M	Senior/Elite	Elite	1:51:31	60	15
8681	DEAN EDWARDS	M	Sub Veteran	B	1:51:38	61	15
59483	RUSSELL KNIGHT	M	Veteran	B	1:51:48	62	12
4702	CHRISTOS PATERIMOS	M	Master	B	1:51:51	63	5
57514	MATTHEW EWART	M	Senior/Elite	B	1:51:52	64	16
54671	JOSHUA PAGE	M	Youth	B	1:51:53	65	7

8318	JOHN CAMPBELL	M	Master	B	1:52:04	66	6
7512	DARRELL SEED	M	Veteran	B	1:52:05	67	13
36247	RICHARD EKSTEEN	M	Veteran	B	1:52:09	68	14
8370	RAYMOND MC CALLUM	M	Grand Master	Elite	1:52:13	69	2
9125	HILTON BROWN	M	Master	A	1:52:26	70	7
37743	BERTUS LABUSCHAGNE	M	Grand Master	B	1:52:31	71	3
73685	PERON AMEIN	M	Veteran	A	1:52:56	72	15
99859	ANDREW EDWARDS	M	Master	A	1:52:58	73	8
50626	BRADLEY COLE	M	Veteran	D	1:53:06	74	16
B1336	JANNIE HORN	M	Sub Veteran	B	1:53:09	75	16
55662	KARYN SOUTHGATE	F	Veteran	B	1:53:30		ebike
95468	DARRELL GREGORY	M	Veteran	B	1:53:32	76	17
16273	CHLOE BATESON	F	Junior	Elite	1:53:38	3	1
2213	COLIN YOUNG	M	Master	A	1:53:43	77	9
47682	BELINDA MASON	F	Veteran	Elite	1:53:50	4	1
23465	BRADLEY SPRINGER	M	Sub Veteran	B	1:54:00	78	17
23787	JAN BEUKES	M	Veteran	B	1:54:02	79	18
42539	GREG CACKETT	M	Senior/Elite	C	1:54:03	80	17
17084	ANTONY MOLLER	M	Grand Master	B	1:54:20	81	4
47087	CHARL STANDER	M	Veteran	D	1:54:27	82	19
2548	JEAN HACKLAND	F	Veteran	B	1:54:55	5	2
B0739	GARTH CATHEY	M	Veteran	B	1:55:14	83	20
46113	JONO GRANT	M	Sub Veteran	A	1:55:44	84	18
4380	JOHANN WYKERD	M	Master	B	1:56:00	85	10
3304	CRAIG JONES	M	Master	A	1:56:18	86	11
3968	PAUL IZZARD	M	Master	Elite	1:56:18	87	12
23353	ROBERT BRIEN	M	Master	B	1:56:19	88	13
11027	CONRAD COETZEE	M	Master	B	1:56:33	89	14
45942	DANIEL AIREY	M	Sub Veteran	C	1:56:40	90	19
A8935	SVEN HAGEMANN	M	Sub Veteran	C	1:56:42	91	20
50507	BRUCE LONGMORE	M	Sub Veteran	B	1:57:22	92	21
26149	JUSTIN BIRCHER	M	Veteran	A	1:57:43	93	21
5924	OWEN LE ROUX	M	Grand Master	B	1:58:42	94	5
45918	GREG MOODY	M	Master	B	1:58:43	95	15
59647	SP DIAZ	M	Veteran	B	1:58:44	96	22
3457	DOUGLAS BOLTON	M	Veteran	B	1:59:01	97	23
13440	KEVIN WATERSTON	M	Master	B	1:59:05	98	16
3548	JASON GIFFORD	M	Master	B	1:59:41	99	17
5000	JOHN BECKER	M	Grand Master	B	1:59:42	100	6
36842	SVEN VAN ZUYDAM	M	Junior	A	2:00:16	101	11
84687	CHRISTO WILLEMSE	M	Veteran	A	2:00:34	102	24
1638	ANDREW FRANCIS	M	Veteran	B	2:00:56	103	25
B0749	ANGUS WHITELAW	M	Sub Veteran	A	2:01:06	104	22
17587	JEANNE GRACE	F	Master	B	2:01:19	6	1
7846	PATRICK ADDIS	M	Veteran	B	2:01:33	105	26
39244	TOMMY OSBORNE	M	Master	A	2:02:00	106	18
50544	BYRON NEETHLING	M	Senior/Elite	C	2:02:04	107	18
84940	ZACH VAN GREUNING	M	Master	A	2:02:31	108	19
B1243	NICOLE RADEMAN	F	Sub Veteran	A	2:02:41	7	2
1127	BRETT BOLTON	M	Veteran	A	2:02:45	109	27

95434	SEAN BAWS	M	Sub Veteran	B	2:03:00	110	23
54152	SANCHIA MALAN	F	Sub Veteran	Elite	2:03:25	8	3
B1192	IVAN WYATT	M	Veteran	A	2:03:46	111	28
49787	ADAM CHRISTOFOROS	M	Sub Veteran	C	2:04:03	112	24
5193	EMMA JANE DICK	F	Senior/Elite	B	2:04:04	9	2
57936	CRAIG MARKHAM	M	Grand Master	B	2:04:23	113	7
9254	CRAIG STRYDOM	M	Master	B	2:04:23	114	20
8373	MARTIN PELLOW-JARMAN	M	Master	B	2:04:28	115	21
7796	DAVE LEES	M	Grand Master	B	2:04:29	116	8
8439	DAVID LAMONT	M	Veteran	B	2:04:29	117	29
88176	BYRON COCHRAN	M	Sub Veteran	B	2:04:34	118	25
10073	GREG BERRY	M	Sub Veteran	B	2:04:51	119	26
24259	REINARDT SCHALKWYK	M	Sub Veteran	A	2:05:05	120	27
3663	GEORGE EYBERS	M	Grand Master	C	2:05:28	121	9
B0675	GRAEME BIRDSEY	M	Sub Veteran	D	2:05:30	122	28
72590	NADINE NUNES	F	Veteran	A	2:05:42	10	3
7281	DEBRAH THOMAS	F	Veteran	A	2:05:45	11	4
92420	ANDRE FITT	M	Veteran	B	2:05:52	123	30
77197	JILL MAGRATH	F	Veteran	B	2:06:10	12	5
89054	NICHOLAS POTGIETER	M	Veteran	A	2:06:23	124	31
11656	STORM LANGLEY	F	Senior/Elite	B	2:06:29	13	3
8665	NIGEL LOTZ	M	Master	A	2:06:39	125	22
3124	JOHANNES VAN ZYL	M	Veteran	B	2:06:48	126	32
5186	ANTHONY HAYNES	M	Sub Veteran	C	2:07:01	127	29
24916	KRISJAN SLABBERT	M	Sub Veteran	B	2:07:28	128	30
2352	BRANDON ROCHAT	M	Master	B	2:07:45	129	23
54481	DELANI SIHLANGU	M	Veteran	A	2:07:56	130	33
50704	TARYN FRANCIS	F	Veteran	B	2:08:20	14	6
55107	GRANT GEOGHEGAN	M	Senior/Elite	B	2:08:21	131	19
10288	DEON VERWEY	M	Veteran	A	2:08:31	132	34
64826	BRUCE KNOWLES	M	Master	C	2:09:00	133	24
55084	JONATHAN DOOLING	M	Sub Veteran	C	2:09:54	134	31
B1352	BRETT CUNINGHAME	M	Sub Veteran	B	2:10:01	135	32
72723	SCELO MHLONGO	M	Sub Veteran	B	2:10:01	136	33
55827	CHRISTIAN PIACENTINI	M	Sub Veteran	B	2:10:27	137	34
34474	MICHELE ROODS	F	Sub Veteran	A	2:10:32	15	4
93422	PATRICK COCHRANE	M	Sub Veteran	B	2:10:33	138	35
5479	ANDREW TAYLOR	M	Master	B	2:10:36	139	25
61325	RYAN KING	M	Veteran	A	2:10:36	140	35
13674	RICHARD SMITH	M	Veteran	B	2:10:37	141	36
19962	JENNY PAGE	F	Veteran	B	2:10:55	16	7
97823	ASHLEY SEILER	M	Veteran	C	2:11:06	142	37
46687	MORNE VAN VUUREN	M	Sub Veteran	A	2:11:13	143	36
10586	ANDRE VAN VUUREN	M	Veteran	A	2:11:16	144	38
62214	RILEY SMITH	F	Youth	A	2:11:17	17	1
50522	JONATHAN THURTELL	M	Sub Veteran	C	2:11:24	145	37
48682	ANDREW SCHWIKKARD	M	Sub Veteran	C	2:11:25	146	38
A6529	MIKAELA MEYER	F	Senior/Elite	C	2:11:30	18	4
71216	CARLY DAVIDSON	F	Sub Veteran	A	2:11:46	19	5
B1301	KARIN JOUBERT	F	Veteran	D	2:11:55	20	8

3420	PETER HARTZER	M	Master	A	2:11:59	147	26
3596	RIEKERT WILKEN	M	Veteran	C	2:12:02	148	39
5989	BARRY WALKER	M	Master	B	2:12:20	149	27
5327	JAMES VAN DEN BERG	M	Grand Master	B	2:12:36	150	10
45968	MICHAEL COPPINGER	M	Grand Master	C	2:12:45	151	11
20159	JACQUES JOUBERT	M	Sub Veteran	B	2:13:11	152	39
7420	BRONWYN EVANS	F	Master	C	2:13:14	21	2
23396	BRETT SNYDERS	M	Sub Veteran	B	2:13:16	153	40
81156	JUSTIN KIRBY	M	Veteran	B	2:13:26	154	40
96603	JARRYD PHILLIPS	M	Senior/Elite	B	2:13:32	155	20
5465	VUSUMUZI NTULI	M	Sub Veteran	B	2:13:39	156	41
14251	ROBBIE VAN DER MERWE	M	Grand Master	A	2:13:49	157	12
8336	BRUNO QUEVAUVILLIERS	M	Grand Master	B	2:14:01	158	13
75838	RICHARD CRITCHLOW	M	Master	B	2:14:01	159	28
4642	DEBORAH DICK	F	Veteran	B	2:14:13	22	9
2922	STEVEN NORCOTT	M	Master	B	2:15:55	160	29
30037	HELGA VENTER	F	Veteran	D	2:16:00	23	10
10300	MARK FISHER	M	Veteran	B	2:16:16	161	41
51432	JAMIE WARDELL	M	Veteran	A	2:16:21	162	42
44754	CLIVE JAMES KILLIAN	M	Sub Veteran	D	2:16:32	163	42
48381	ROWAN AINSWOTH	M	Senior/Elite	A	2:17:24	164	21
11005	GLEN MORGAN	M	Senior/Elite	A	2:17:26	165	22
59735	JARED HINDE	M	Sub Veteran	B	2:17:48	166	43
97867	GISELA STEPHENS	F	Grand Master	A	2:17:57	24	1
90525	ROBIN DEVITT	M	Sub Veteran	A	2:18:05	167	44
9637	BRETT EDWARDS	M	Sub Veteran	B	2:18:29	168	45
B0686	SEAN MOFFAT	M	Sub Veteran	C	2:18:57	169	46
57397	JASON PRETORIUS	M	Veteran	C	2:18:57	170	43
57048	BRIAN KRUGER	M	Veteran	A	2:18:57	171	44
6317	CHARL SWART	M	Veteran	D	2:19:08	172	45
8115	GREGORY SCIOCATTI	M	Grand Master	B	2:19:17	173	14
B0734	GARETH WINDT	M	Sub Veteran	C	2:19:39	174	47
12084	PAUL MINDRY	M	Master	B	2:19:44	175	30
74679	DAVID NAUDE	M	Master	B	2:19:45	176	31
B1169	JORDAN CLARK	M	Junior	C	2:20:04	177	12
12963	PIERRE TULLIS	M	Master	B	2:20:09	178	32
A9487	MAX DU PLESSIS	M	Veteran	B	2:20:26	179	46
93812	GARY MORRIS	M	Grand Master	D	2:20:55	180	15
B1082	KEITH MASON	M	Veteran	C	2:21:17	181	47
22700	SHIREEN SWART	F	Sub Veteran	A	2:21:37	25	6
20069	RUNÉ VAN ZYL	F	Master	A	2:21:50	26	3
B1333	BRIAN PRICE	M	Sub Veteran	C	2:21:55	182	48
84138	BRUCE KEARLEY	M	Master	A	2:22:30	183	33
97969	SENZO MEYIWA	M	Sub Veteran	C	2:22:35	184	49
58809	ANDREW CLARK	M	Veteran	A	2:22:43	185	48
63839	MAZWI SMIMANGO	M	Senior/Elite	Elite	2:22:44	186	23
4505	ROBIN WESTLEY	M	Veteran	A	2:22:47	187	49
99257	DIMETRIOS VELISSARIOU	M	Master	C	2:22:52	188	34
85191	CARL MINNOZZI	M	Veteran	C	2:22:52	189	50
B0750	JOHN GOSS	M	Veteran	A	2:23:23	190	51

B0770	JOEL BERGER	M	Veteran	A	2:23:28	191	52
5731	MARTIN CAMP	M	Master	B	2:23:52	192	35
6000	GRAHAM BARRETT	M	Master	B	2:23:57	193	36
2181	RUSSELL SMITH	M	Master	D	2:24:10	194	37
17150	RICHARD DE OUDE	M	Veteran	D	2:25:00	195	53
10726	GILLIAN BURE	F	Master	B	2:25:25	27	4
52962	CORNELIUS STEYN	M	Sub Veteran	D	2:25:55	196	50
41422	THOMAS CULLIS	M	Youth	B	2:25:57	197	8
95784	ROSS METCALF	M	Youth	B	2:26:00	198	9
B0700	DESMOND STEYN	M	Sub Veteran	D	2:26:18	199	51
80958	WIEKUS VAN DER BERG	M	Veteran	D	2:26:37	200	54
B1162	WESLEY GORMLEY	M	Sub Veteran	C	2:27:06	201	52
41667	RYAN CAMPBELL MASSEY	M	Sub Veteran	C	2:27:06	202	53
25673	DANIEL BALLANCE	M	Senior/Elite	B	2:27:09	203	24
4381	SBONISO NTOMBELA	M	Senior/Elite	B	2:27:10	204	25
9862	TIMOTHY CAMP	M	Senior/Elite	B	2:27:12	205	26
9860	MATTHEW CAMP	M	Senior/Elite	B	2:27:14	206	27
61862	KIERAN NERO	M	Sub Veteran	C	2:27:47	207	54
15679	QUINTON THOMAS	M	Master	D	2:28:09	208	38
45742	DARIAN EASTHORPE	M	Master	D	2:28:11	209	39
86260	NEIL GEUSTYN	M	Veteran	B	2:28:35	210	55
86255	BEVAN CARR	M	Veteran	B	2:28:38	211	56
9654	SARAH RYAN	F	Junior	B	2:28:43	28	2
45665	CAMPBELL CLARK	M	Senior/Elite	C	2:28:47	212	28
12589	CORA-GENE SPIRES	F	Senior/Elite	B	2:28:51	29	5
12586	BYRAN SPIRES	M	Veteran	B	2:28:51	213	57
B0990	LUCKY MSHENGU	M	Senior/Elite	A	2:28:58	214	29
53346	SABRINA BUNDOCK	F	Veteran	C	2:29:11	30	11
91228	NIKI GROENEWALD	F	Senior/Elite	C	2:29:13	31	6
17164	GREG WALKER	M	Master	C	2:29:37	215	40
37754	KERRIE LAVAGNA-SLATER	F	Sub Veteran	B	2:30:10	32	7
8168	IAN RALL	M	Grand Master	A	2:30:13	216	16
15952	TRACEY QUIN	F	Veteran	B	2:30:14	33	12
42751	WARREN RENTON	M	Veteran	D	2:31:02	217	59
8457	DERRICK TIVERS	M	Grand Master	B	2:31:28	218	17
96878	MURRAY CLARK	M	Veteran	A	2:31:39	219	60
81256	DOMINIC DE BILLOT	M	Youth	A	2:32:04	220	10
65414	KOBUS COETSEE	M	Master	B	2:32:11	221	41
A6575	JACQUES LOUIS VERMAAK	M	Sub Veteran	B	2:32:12	222	55
3658	GRAHAM WILSON	M	Grand Master	B	2:32:48	223	18
54540	JALEEL MAYAT	M	Veteran	C	2:32:49	224	61
2810	LIZ BOTHA	F	Veteran	A	2:33:11	34	13
80627	DAVID PATRICK	M	Grand Master	C	2:33:34	225	19
X59345	GARETH SALMOND	M	Sub Veteran	A	2:33:54	226	56
54516	ROBERT PHILLIPS	M	Grand Master	B	2:33:55	227	20
14187	DUSTIN GROSE	M	Sub Veteran	D	2:33:59	228	57
77771	NICHOLAAS STEYN	M	Sub Veteran	D	2:34:00	229	58
80425	ALISON WASSERFALL	F	Sub Veteran	A	2:34:24	35	8
11254	GARY BONORCHIS	M	Master	D	2:35:10	230	42
2853	KEN SHELLY	M	Master	A	2:35:56	231	43



62101	KARIN KIRBY	F	Veteran	B	2:36:01	36	14
50560	ROBERT MULLER	M	Master	A	2:38:53	232	44
2468	JP NEL	M	Veteran	B	2:39:33	233	62
82522	BRENDON ASHWELL	M	Veteran	C	2:39:35	234	63
3670	ADRIAN SMITH	M	Veteran	D	2:39:56	235	64
44328	MARIOS KYRIAKIDES	M	Veteran	D	2:39:58	236	65
54365	ALLAN BOTHA	M	Veteran	C	2:40:47	237	66
60893	CAVILL CORDES	F	Master	C	2:40:58	37	5
3905	BRYAN CORDES	M	Master	C	2:40:58	238	45
6467	ALBERT KING	M	Grand Master	C	2:41:00	239	21
95876	SHELLEY RODGERS	M	Master	C	2:41:08	240	46
36801	KEVIN THOMAS RODGERS	M	Master	C	2:41:10	241	47
47651	LEIGH-ANN PEARSON	F	Veteran	B	2:41:34	38	15
99572	KERRY LEE HOLLAND	F	Sub Veteran	B	2:41:45	39	9
B0981	BARRY BUCKLEY	M	Veteran	B	2:41:45	242	67
36283	ROBERT KNOX	M	Grand Master	A	2:41:52	243	22
77242	LAUREN PRETORIUS	F	Senior/Elite	B	2:41:55	40	7
35661	BRETT CLARK	M	Veteran	A	2:41:55	244	68
6600	COLIN MERCER	M	Grand Master	C	2:42:00	245	23
17082	ROBIN GOWLDING	F	Master	C	2:42:05	41	6
21561	DERMOT QUINN	M	Grand Master	C	2:42:48	246	24
38752	THULANI LUSHABA	M	Veteran	C	2:43:01	247	69
13286	GREG SCHOEMAN	M	Veteran	A	2:43:13	248	70
22755	BEN SWART	M	Veteran	A	2:43:21	249	71
B1255	MARC HUNWICK	M	Veteran	A	2:43:23	250	ebike
A9182	ALLEN VAN ZYL	M	Veteran	A	2:44:02	251	73
7703	KORNE RADYN	M	Veteran	D	2:44:05	252	74
92825	NICOLLE VOIGT	F	Sub Veteran	C	2:44:20	42	10
3995	KARIN VOIGT	F	Grand Master	C	2:44:21	43	2
53862	WESLEY SPARKMAN	M	Veteran	C	2:44:40	253	75
B1316	PAUL LANGTON	M	Master	C	2:44:48	254	48
5919	ALFONS VAN DER GALIEN	M	Veteran	C	2:44:48	255	76
35127	GREG HOPF	M	Veteran	D	2:44:57	256	77
4167	SHANE PAUTZ	M	Veteran	C	2:45:28	257	78
4600	HELENA MUIR	F	Master	B	2:46:22	44	7
17528	LOURIE STOKES	M	Veteran	C	2:47:06	258	79
43364	DAVE JOHNSON	M	Master	C	2:47:32	259	49
11328	WARREN PECHEY	M	Sub Veteran	C	2:47:52	260	60
B0779	ROBERT POHL	M	Sub Veteran	C	2:47:57	261	61
29892	STEVEN DU PLESSIS	M	Master	C	2:47:59	262	50
10989	BEV HARDIE	F	Master	B	2:48:03	45	8
10394	GREG HARDIE	M	Master	B	2:48:03	263	51
53298	DARREN LOVE	M	Sub Veteran	C	2:48:03	264	62
48539	SEAN BRADSHAW	M	Sub Veteran	C	2:48:03	265	63
40522	JULIE LEE	F	Senior/Elite	C	2:48:53	46	8
15530	KAREN KOHNE	F	Sub Veteran	C	2:48:53	47	11
11085	MARC ASH	M	Veteran	D	2:50:08	266	80
B1218	LORIN ASH	F	Veteran	D	2:50:13	48	ebike
5337	COLIN MACKRORY	M	Veteran	A	2:50:17	267	81
70596	CHRIS VLOK	M	Grand Master	D	2:50:21	268	25

22491	ANEL WITTHOFT	F	Veteran	D	2:50:23	49	17
B1131	SIVA GOVENDER	M	Veteran	A	2:51:00	269	82
96229	MNELISI PEWA	M	Youth	A	2:51:23	270	11
B0726	MARIO VAN DER BYL	M	Veteran	D	2:51:33	271	83
99717	CHARLES THATCHER	M	Grand Master	B	2:51:44	272	26
30801	GARTH GAFFLEY	M	Grand Master	A	2:52:54	273	27
36971	MANELISI ZONDI	M	Sub Veteran	B	2:53:55	274	65
14025	CAMILLA DA COSTA	F	Veteran	D	2:54:05	50	18
58455	ALLEN LOCKYEAR	M	Veteran	D	2:54:06	275	85
81317	JADE STRACHAN	F	Veteran	D	2:54:07	51	19
2999	JADE DA COSTA	M	Veteran	D	2:54:09	276	86
B0680	GRENVILLE DOLPHIN	M	Veteran	D	2:54:56	277	87
63137	LARA PELLOW-JARMAN	F	Veteran	D	2:56:59	52	20
58452	DANIEL JOHANNES MULLER	M	Master	C	2:57:36	278	52
98420	JAPIE VAN SCHALKWYK	M	Master	C	2:58:04	279	53
54525	LAWRENCE PRATT	M	Grand Master	D	2:58:09	280	28
56122	JAMES BIGBY	M	Sub Veteran	C	2:58:11	281	66
2319	BRUCE DALE	M	Grand Master	D	2:58:13	282	29
55205	KEVIN MCALISTER	M	Grand Master	B	2:58:33	283	30
41043	ERROL WILES	M	Sub Veteran	B	2:58:33	284	67
81037	CHRISTEEN VAN DER BERG	F	Sub Veteran	D	2:58:36	53	12
23524	ANELE MNCWABE	M	Sub Veteran	B	2:59:02	285	68
19590	SHARON BELL	F	Grand Master	C	3:01:57	54	3
16441	JUSTIN CHADWICK	M	Grand Master	A	3:02:04	286	31
1003	ALLEN HUMAN	M	Grand Master	C	3:04:24	287	32
75708	ERYN BAYLISS-LANE	F	Veteran	C	3:05:01	55	21
30038	RICHARD VENTER	M	Veteran	D	3:06:41	288	89
B0953	IVAN BOTHA	M	Master	D	3:07:08	289	54
7963	STEPHEN ANGELOS	M	Master	D	3:07:11	290	55
23367	DARRYL PETERSEN	M	Veteran	B	3:08:09	291	90
92319	BLAISE ATKINSON	M	Master	D	3:08:51	292	56
36632	FRANS DE JONGH	M	Senior/Elite	B	3:09:07	293	30
53469	CRAIG DANIEL	M	Master	C	3:10:09	294	57
2385	STUART WARD	M	Master	D	3:10:48	295	58
72956	TYRONE THOMAS	M	Veteran	D	3:10:57	296	91
82459	LEANNE DAVIDSON	F	Grand Master	C	3:11:07	56	4
B0829	PAM SMIT	F	Master	C	3:11:12	57	9
8321	ANTHONY VAN TONDER	M	Grand Master	D	3:11:51	297	33
80794	MINETTE MCCABE	F	Veteran	D	3:12:45	58	22
B1280	KENAN RAUBENHEIMER	M	Sub Veteran	D	3:13:03	298	69
55202	PHAPHAMANI ZONDI	M	Sub Veteran	B	3:13:19	299	70
3235	ALAN ETCHELLES	M	Grand Master	D	3:14:18	300	34
74047	KEAGAN DRY	M	Senior/Elite	C	3:14:57	301	31
50324	JAUN ACKERMAN	M	Veteran	C	3:15:11	302	92
38726	MANDIE DU PLESSIS	F	Veteran	D	3:15:50	59	23
38728	TYRONNE DAVIS	M	Veteran	D	3:16:03	303	93
51811	PENELOPE CHAPMAN	F	Veteran	D	3:16:06	60	24
46154	JASON POWELL	M	Sub Veteran	C	3:16:23	304	72
33852	JAY NEL	M	Sub Veteran	C	3:16:27	305	73
50534	JACKIE HOOIJBERG	F	Veteran	D	3:16:51	61	25

1894	BRUCE KOLL	M	Grand Master	D	3:16:51	306	35
62103	TANYA PACHON	F	Senior/Elite	C	3:18:36	62	9
51315	SHAYNE KLOPPER	F	Veteran	C	3:19:38	63	26
4282	KEVIN GONCALVES	M	Grand Master	D	3:20:20	307	36
75070	MURRAY SHARP	M	Sub Veteran	B	3:21:18	308	74
54584	TREVOR HAGEMANN	M	Grand Master	D	3:22:50	309	37
B1196	STRATH HAGEMANN	M	Sub Veteran	D	3:22:50	310	75
45749	NICKY TISCHENDORF	F	Master	D	3:22:53	64	10
3004	SHAUN TISCHENDORF	M	Master	D	3:22:56	311	59
76257	LEONA LAMONT	F	Veteran	D	3:24:12	65	27
35647	PAPA G GOUNDEN	M	Grand Master	D	3:26:38	312	38
8787	BURL SAMUEL	M	Master	D	3:26:42	313	60
82703	GREG MARSHALL	M	Master	C	3:26:52	314	61
B0687	NOLAN CHELLAN	M	Sub Veteran	C	3:26:53	315	76
A7294	LEIGH MIDDLEBOROUGH	F	Veteran	C	3:28:02	66	28
36839	SFISO NDABA	M	Sub Veteran	B	3:30:03	316	77
2269	PETER DU PLESSIS	M	Grand Master	C	3:31:51	317	39
45831	RYAN WILDE	M	Junior	C	3:35:20	318	13
46310	SIMON WILDE	M	Master	C	3:35:23	319	62
57083	WESSEL STRYDOM	M	Sub Veteran	D	3:35:33	320	78
9761	MARINA ERIKSEN-MILLER	F	Grand Master	C	3:37:22	67	5
18054	GRAEME YATES	M	Master	D	3:39:25	321	63
18055	SVEVA LOUISE YATES	F	Youth	D	3:39:26	68	2
80005	ZAHIR MIRZA	M	Veteran	C	3:42:18	322	94
24142	GRANT ADAMS	M	Veteran	C	3:42:18	323	95
B1182	DUANE BENGTON	M	Veteran	C	3:42:18	324	96
95193	DENZIL MANUEL	M	Veteran	C	3:42:22	325	97
9762	TONY KRAUSE	M	Grand Master	C	3:44:05	326	40
54055	CHRISTOPHER-LEE ANTHONY	M	Sub Veteran	B	3:44:50	327	79
B1265	EMILY HOWE	F	Senior/Elite	D	3:48:23	69	10
B1270	JOSHUA HOWE	M	Sub Veteran	D	3:48:54	328	80
96550	AMANDA LOMBARD	F	Master	C	3:51:01	70	11
4139	KEN LAWSON	M	Grand Master	C	3:51:01	329	41
46178	ADRIENNE OSBERG	F	Master	C	3:52:32	71	12
63576	COLIN BEDINGFIELD	M	Grand Master	C	3:54:17	330	42
63578	ANTOINETTE BEDINGFIELD	F	Grand Master	C	3:54:18	72	6
B1247	EWAN BRADLEY	M	Veteran	A	3:59:05	331	98
70073	NHLAKANIPHO SIBIYA	M	Sub Veteran	B	4:20:05	332	81
B0713	WARREN REID	M	Sub Veteran	A	4:38:11	333	82
3375	TANYA DIMMICK	F	Sub Veteran	A	4:38:16	73	13