

Overall Results: 1.6km

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
232	DANIE MARAIS	M	13-30	0:18:10	1	1
6	CONNOR ED BOTHA	M	13-30	0:18:33	2	2
243	GUY CONNAR -BROOKS	M	13-30	0:18:38	3	3
229	ARNO GAUCHE	M	13-30	0:18:43	4	4
98	LESHEN ANISTON PILLAY	M	13-30	0:18:46	5	5
96	MATTHEW PELSER	M	13-30	0:19:24	6	6
207	KYLE HULTZER	M	13-30	0:19:40	7	7
32	TORY EARLE	F	13-30	0:19:43	1	1
141	TEAGUE WHITE	M	13-30	0:19:45	8	8
26	SASH CORRIS	F	13-30	0:19:46	2	2
7	TATUM BOTHA	F	13-30	0:19:48	3	3
45	WESLEY GILCHRIST	M	31-40	0:19:50	9	1
212	BRENDAN VISSER	M	13-30	0:20:03	10	9
99	CONNOR PORTER	M	13-30	0:20:16	11	10
278	LANCE DE KOCK	M	13-30	0:20:19	12	11
107	LUCA SANDRI	M	13-30	0:20:21	13	12
42	MYKAE FORREST	F	13-30	0:20:23	4	4
48	KAYLAN GOVENDER	M	13-30	0:20:28	14	13
2	DAMIEN ANGEL	M	13-30	0:20:30	15	14
11	EMMA CARMODY	F	13-30	0:20:32	5	5
288	EMILY MARTENS	F	13-30	0:20:37	6	6
260	GARETH DIAS	M	13-30	0:20:47	16	15
126	SIMONE TAYLOR	F	31-40	0:20:57	7	1
252	DONOVAN GELDENHUYS	M	31-40	0:21:03	17	2
47	DHILAN GOVENDER	M	13-30	0:21:05	18	16
220	SIVASH GOVENDER	M	13-30	0:21:08	19	17
1	MADISON ALBERTS	F	13-30	0:21:25	8	7
12	JESSICA MARGARET CARMODY	F	13-30	0:21:28	9	8
290	ANANOE NKUNZI	M	13-30	0:21:31	20	18
283	NICHOLAS TAYLOR	M	10-12	0:21:35	21	1
282	JULIAN TAYLOR	M	51-60	0:21:41	22	1
128	BRIDGET THEUNISSEN	F	13-30	0:21:48	10	9
23	JASON COOKE	M	31-40	0:21:50	23	3
54	MATTHEW HAYES	M	13-30	0:22:19	24	19
90	TASNIM NABBIE	F	13-30	0:22:25	11	10
39	BAILEY FORREST	F	13-30	0:22:28	12	11
61	PIETER DANIEL JACOBS	M	13-30	0:22:31	25	20
49	SHREYA GOVENDER	F	13-30	0:22:45	13	12
94	REBEKAH OLIVIER	F	13-30	0:22:49	14	13
203	TREVOR DU PLESSIS	M	41-50	0:22:55	26	1
235	MEGAN STEWART	F	13-30	0:23:08	15	14
28	MARK DE SWARDT	M	31-40	0:23:09	27	4
204	BARBARA BOWLEY	F	51-60	0:23:13	16	1
242	TREYIN REDDITI	M	13-30	0:23:26	28	21
62	TANIKA JONES	F	13-30	0:23:30	17	15
72	LUC LEPRONT	M	13-30	0:23:31	29	22
44	MATT GERRY	M	13-30	0:23:34	30	23
63	JADYN-LEE JOUBERT	F	13-30	0:23:36	18	16
244	JONATHAN VAN SCHALKWIJK	M	10-12	0:23:42	31	2
74	MATTHEW LOCK	M	10-12	0:23:44	32	3

201	PETER LAVETT	M	51-60	0:23:53	33	2
112	LEVI SCOTT	M	13-30	0:23:56	34	24
285	SANDILE SHANGE	M	31-40	0:24:01	35	5
16	GEORGINA CHURCH	F	13-30	0:24:03	19	17
132	RUSSELL UPNECK	M	61-70	0:24:25	36	1
24	BRYAN CORDES	M	51-60	0:24:30	37	3
266	JILL HAUCOCLL	F	41-50	0:24:32	20	1
84	NIKHIL MEHTA	M	13-30	0:24:36	38	25
226	BEVAN -REDDY	M	13-30	0:24:42	39	26
125	ANDREW TARPEY	M	41-50	0:24:44	40	2
101	ARJUN RAMKARAN	M	13-30	0:24:47	41	27
8	JESSICA BURWOOD	F	13-30	0:24:49	21	18
263	SAUGE	F	41-50	0:25:02	22	2
224	JENNIFER DEMPSEY	F	31-40	0:25:06	23	2
222	CATHERINE ROWAN	F	13-30	0:25:08	24	19
31	EWAN DU PLOOY	M	13-30	0:25:11	42	28
40	KAI FORREST	M	10-12	0:25:18	43	4
154	NICOLETTE BRAND	F	31-40	0:25:22	25	3
37	LUKE FERREIRA	M	13-30	0:25:26	44	29
234	JACLE REDMAN	F	31-40	0:25:41	26	4
27	KYRA DA COSTA	F	13-30	0:25:44	27	20
206	PAUL JUDKINS	M	61-70	0:25:48	45	2
247	LAURA ANNE MORAN	F	13-30	0:25:54	28	21
122	CLINT STRYDOM	M	41-50	0:25:56	46	3
284	MHLENGI GWALA	M	13-30	0:26:03	47	30
216	DIRK TALIJAARD	M	31-40	0:26:12	48	6
18	MURRAY CLARK	M	41-50	0:26:15	49	4
91	AIDON LERISSA-LEE NAIDOO	F	13-30	0:26:16	29	22
68	LISA KORCK	F	13-30	0:26:18	30	23
121	KEITH STOREY	M	51-60	0:26:20	50	4
120	DENNIS-LEE STOLS	M	31-40	0:26:22	51	7
109	TAYLA SAUNDERS	F	13-30	0:26:25	31	24
73	CAMERON LOCK	M	41-50	0:26:27	52	5
17	DAVID CLARK	M	51-60	0:26:32	53	5
46	CHRISTY GILMOUR	F	13-30	0:26:35	32	25
5	CRAIG BOBBERT	M	31-40	0:26:37	54	8
273	ELLIOTT VERMEULEN	M	13-30	0:26:42	55	31
133	MATTHEW VAN NIEKERK	M	13-30	0:26:47	56	32
117	CHRISTOPHER SHIPLEY	M	51-60	0:26:51	57	6
239	DAVID SWART	M	41-50	0:26:53	58	6
279	TYRON DOLLOWAY	M	13-30	0:27:01	59	33
136	IAN VYNNE	M	41-50	0:27:18	60	7
30	ARITHA DU BRUYN	F	41-50	0:27:28	33	3
228	LIAH GAUCHE	F	13-30	0:27:31	34	26
89	SHARON MYHILL	F	41-50	0:27:40	35	4
93	CHANTAL NOSWORTHY	F	41-50	0:27:43	36	5
236	WILLIAM STEEWART	M	41-50	0:27:45	61	8
289	MARY-CLARE SARDINHA	F	13-30	0:27:50	37	27
71	LOUISE LEPRONT	F	10-12	0:27:52	38	1
264	DENVEL BUGER	M	41-50	0:28:09	62	9
65	NICOLA KEYSER	F	13-30	0:28:21	39	28
4	JOCELYN ATTWELL	F	31-40	0:28:23	40	5
269	ABBY DE KOCK	F	13-30	0:28:34	41	29
127	DAVID TENNICK	M	41-50	0:28:40	63	10

246	EMARI HERBST	F	31-40	0:28:43	42	6
95	SHAWN O'NEILL	M	51-60	0:28:46	64	7
245	BRENT WEWMAN	M	51-60	0:28:49	65	8
103	PHILIPPA RANDAL-SMITH	F	13-30	0:28:51	43	30
108	CLAUDIA SAULA	F	13-30	0:28:53	44	31
104	CRUZ REYNOLDS	M	10-12	0:28:55	66	5
209	ABI RAY	F	31-40	0:28:57	45	7
119	SARAH-JANE STEWART	F	41-50	0:28:59	46	6
116	JANINE SERRURIER	F	51-60	0:29:03	47	2
70	LEAH LEPRONT	F	10-12	0:29:05	48	2
58	JEAN HOURQUEBIE	M	31-40	0:29:09	67	9
20	CHIARA COLLETT	F	13-30	0:29:11	49	32
257	JOHN WRIGHT	M	41-50	0:29:18	68	11
66	KELLY KIDGELL	F	31-40	0:29:20	50	8
251	ROZANNE GELDENHUYS	F	31-40	0:29:23	51	9
100	LINDA POTTS	F	51-60	0:29:28	52	3
114	KAREN SEALS	F	51-60	0:29:29	53	4
69	MARELIZE LE GRANGE	M	31-40	0:29:32	69	10
55	NICOLE HAYES	F	13-30	0:29:34	54	33
82	ADITI MEHTA	F	13-30	0:29:35	55	34
50	S'ANNARA GROVE	F	13-30	0:29:45	56	35
83	NERISHA MEHTA	F	13-30	0:29:56	57	36
262	WOLFGANG FETCHER	M	51-60	0:30:01	70	9
291	AVJEN TRIDA	M	41-50	0:30:06	71	12
51	DAVID HANDS	M	41-50	0:30:08	72	13
38	SARAH FORFAR	F	13-30	0:30:10	58	37
134	GERHARD VAN ROOIJEN	M	61-70	0:30:15	73	3
33	SHELDON EDWARDS	M	41-50	0:30:18	74	14
254	GRANT ADLAM	M	51-60	0:30:20	75	10
215	ANNEMIE TALIJAARD	M	31-40	0:30:24	76	11
59	JIMMY HUGHES	M	71+	0:30:25	77	1
124	SARAH SWAINSON	F	31-40	0:30:27	59	10
123	JENNY SUTTON	F	51-60	0:30:31	60	5
22	ZASTRA CONWAY-NUNN	F	51-60	0:30:33	61	6
81	ZIA AMINA MAHOMED	F	13-30	0:30:35	62	38
208	ANTONY SHEPSTONE	M	51-60	0:30:37	78	11
21	RIENZO COLPO	M	41-50	0:30:40	79	15
92	PETER NEETHLING	M	41-50	0:30:44	80	16
79	ANNE LYALL	F	41-50	0:30:46	63	7
53	BELINDA HAYES	F	41-50	0:30:57	64	8
277	AMELIA WIJNE	F	31-40	0:30:59	65	11
271	MEGAN SCHROEDER	F	13-30	0:31:01	66	39
67	EMILY KOEN	F	13-30	0:31:03	67	40
287	SIMON MARTENS	M	41-50	0:31:05	81	17
137	LUKE VYNNE	M	13-30	0:31:34	82	34
135	ETHAN VYNNE	M	13-30	0:31:39	83	35
34	CHRISTIAN ERXLEBEN	M	13-30	0:31:41	84	36
286	KIM PARKES	M	61-70	0:32:07	85	4
78	HELEN LUCRE	F	61-70	0:32:09	68	1
274	SAMONE VERMEULEN	F	10-12	0:32:15	69	3
275	AMELIA VERMEULEN	F	10-12	0:32:25	70	4
223	TAYLOR GIBB	M	13-30	0:32:28	86	37
205	ALAN GIBB	M	51-60	0:32:31	87	12
14	TARA CAVE	F	13-30	0:32:39	71	41

276	JACQUES VERMEULEN	M	41-50	0:32:42	88	18
88	GRAEME MYHILL	M	41-50	0:32:44	89	19
129	LORAJANE THOMPSON	F	31-40	0:32:53	72	12
202	PETA HARRISON	F	51-60	0:32:57	73	7
140	GRANT WEBBER	M	51-60	0:33:01	90	13
25	CAVILL CORDES	F	51-60	0:33:07	74	8
15	DEREK CHADDERTON	M	41-50	0:33:27	91	20
77	TARRYN LOW	F	31-40	0:33:31	75	13
259	JAMES CAMMELL	M	51-60	0:33:43	92	14
85	RESHMI MEHTA	F	31-40	0:33:46	76	14
115	ALAN SERRURIER	M	61-70	0:33:48	93	5
142	ALAN YATES	M	71+	0:33:50	94	2
41	MARC FORREST	M	41-50	0:33:52	95	21
86	LAURA MORAN	F	41-50	0:33:54	77	9
97	TOM PHILLIPS	M	61-70	0:34:00	96	6
56	SHARON HOLDEN	F	41-50	0:34:21	78	10
80	BRUCE MAC INNES	M	51-60	0:34:27	97	15
237	ALVY MURRAY	M	51-60	0:34:53	98	16
301	ALEXA TIFFLIN	F	10-12	0:35:03	79	5
240	ELIZABETH BURCZAK	F	51-60	0:35:06	80	9
43	LISA FOWLER	F	41-50	0:35:08	81	11
106	ANGELIKA SANDRI	F	61-70	0:35:10	82	2
113	LESLEY SEACH	F	51-60	0:35:12	83	10
19	LISA COLLETT	F	41-50	0:35:14	84	12
250	CONNAR DU PLESSIS	M	10-12	0:35:19	99	6
248	CHANTEL DU PLESSIS	F	31-40	0:35:22	85	15
131	AMBER TUBB	F	41-50	0:35:23	86	13
57	HAYLEY HOUGH	F	41-50	0:35:26	87	14
270	ROBYN SCHROEDER	F	51-60	0:35:39	88	11
218	CORNELIOS SCHEUCK	M	41-50	0:35:42	100	22
29	CHRIS DOUGLAS	M	41-50	0:35:53	101	23
118	MICHELLE STENT-WARDELL	F	31-40	0:35:57	89	16
9	WAYNE BURWOOD	M	41-50	0:36:13	102	24
233	ANTONY CRUTCHEY	M	61-70	0:36:23	103	7
225	REECE TIFFLIN	M	31-40	0:36:29	104	12
241	KERRY ROWLANDS	F	41-50	0:36:58	90	15
227	MEGAN HAYTER	F	31-40	0:37:04	91	17
258	MICHELE HARTSLIEF	M	61-70	0:38:07	105	8
138	CATHARINA WARREN	F	41-50	0:38:13	92	16
139	RUSSELL WARREN	M	51-60	0:38:15	106	17
3	BRANDON ARMSTRONG	M	31-40	0:38:46	107	13
217	DAWN LLOYD	F	61-70	0:39:00	93	3
75	PIERRE LOMBARD	M	13-30	0:39:03	108	38
111	TASMIA SCHOEMAN	F	13-30	0:39:22	94	42
10	BEVIN CALVERT	M	71+	0:40:01	109	3
13	JOHNNY CAVE	M	41-50	0:40:38	110	25
35	CLINTON EVANGELIDES	M	61-70	0:41:34	111	9
76	JOHN LOVE	M	61-70	0:41:48	112	10
52	JULIE HAY	F	51-60	0:42:49	95	12
87	JENNA-LEIGH MURRAY	F	31-40	0:42:52	96	18
64	ARYAN NITIN KESHORLALL	M	10-12	0:47:33	113	7
36	ANEL FENSKE	F	41-50	0:48:05	97	17
265	CHEREE' DUFWER	F	41-50	0:48:09	98	18