

Overall Results: 1.6km

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
81	WESLEY GILCHRIST	M	31-40	0:22:33	1	1
36	JEREMY LISTER-JAMES	M	51-60	0:23:09	2	1
55	MATTHEW ALLEN	M	13-30	0:23:15	3	1
78	TORY EARLE	F	13-30	0:23:19	1	1
214	DARRYN PURTELL	M	13-30	0:23:26	4	2
49	LUC THOMAS BRAND	M	10-12	0:24:55	5	1
60	NICHOLAS TAYLOR	M	10-12	0:25:03	6	2
39	JULIAN TAYLOR	M	51-60	0:25:10	7	2
74	SIMON TAYLOR	M	13-30	0:25:15	8	3
5	ANDREW CARTWRIGHT	M	13-30	0:25:19	9	4
59	NATHAN BURGER	M	10-12	0:26:51	10	3
38	JORDAN DEEBLE	M	13-30	0:27:13	11	5
25	ETHAN ALLEN	M	10-12	0:27:47	12	4
51	LUC LEPRONT	M	13-30	0:27:56	13	6
220	SANDILE SHANGE	M	31-40	0:28:15	14	2
223	CJ GRANT	F	51-60	0:28:26	2	1
75	TASMIA SCHOEMAN	F	13-30	0:29:03	3	2
221	BILLY HARKER	M	51-60	0:29:13	15	3
64	PATRICK NAUDE	M	41-50	0:29:15	16	1
41	KIARA JOHNSON	F	13-30	0:29:22	4	3
217	JILL HANASS-HANCOCH	F	41-50	0:29:32	5	1
226	GERALDINE CRONJE	F	31-40	0:29:42	6	1
68	RUSSELL UPNECK	M	61-70	0:29:46	17	1
62	NICOLETTE BRAND	F	31-40	0:29:55	7	2
20	DAYNA DEEBLE	F	13-30	0:30:22	8	4
6	ANDREW TARPEY	M	41-50	0:30:28	18	2
209	JADE REDMAN	F	31-40	0:30:31	9	3
200	PAUL JUDKINS	M	61-70	0:30:34	19	2
52	LUKE FERREIRA	M	13-30	0:30:36	20	7
28	GARETH BYDAWELL	M	41-50	0:30:45	21	3
40	KEITH STOREY	M	51-60	0:30:57	22	4
48	LOUISE LEPRONT	F	10-12	0:31:01	10	1
215	BYRON MORRISON	M	13-30	0:31:09	23	8
222	JARID KICKBUSH	M	41-50	0:31:21	24	4
76	TAYNE NAUDE	M	10-12	0:31:34	25	5
30	HANNAH SAVAGE	F	10-12	0:31:40	11	2
19	CRISTIANO SANDRI	M	10-12	0:31:53	26	6
16	CLAUDIO SANDRI	M	41-50	0:31:55	27	5
8	ARITHA DU BRUYN	F	41-50	0:31:56	12	2
80	WAYNE SIMMONS	M	31-40	0:32:04	28	3
10	BRETT IRELAND	M	31-40	0:32:06	29	4
228	DONELLE IRVING	F	31-40	0:32:23	13	4
54	MARY-CLARE SARDINHA	F	13-30	0:33:00	14	5
22	DIRK TALJAARD	M	31-40	0:33:09	30	5
70	SAMANTHA BASSON	F	13-30	0:33:14	15	6
63	NINA GRUNDLINGH	F	13-30	0:33:19	16	7
72	SHAWN O'NEILL	M	51-60	0:33:22	31	5
44	LEAH LEPRONT	F	10-12	0:33:39	17	3
61	NICOLE HAYES	F	13-30	0:33:46	18	8
56	MELISSA ABBEY	F	13-30	0:33:50	19	9

12	CHANTAL NOSWORTHY	F	41-50	0:34:10	20	3
47	LINDA POTTS	F	51-60	0:34:36	21	2
201	DAVID TENNICK	M	41-50	0:34:39	32	6
33	JENNA LADNER	F	13-30	0:35:01	22	10
27	FRANCOIS VERWEY	M	31-40	0:36:17	33	6
14	CHRISTIAN ERXLEBEN	M	13-30	0:36:23	34	9
32	JANINE SERRURIER	F	51-60	0:36:26	23	3
204	ANTHONY JOHN SHEPSTONE	M	51-60	0:36:32	35	6
7	ANNEMIE TALJAARD	F	31-40	0:36:36	24	5
35	JENNY SUTTON	F	51-60	0:37:29	25	4
210	SHANA GIESSING	F	41-50	0:37:37	26	4
24	ELLIOTT VERMEULEN	M	13-30	0:37:56	36	10
79	VERMEULEN SAMONE	F	10-12	0:38:00	27	4
4	AMELIA VERMEULEN	F	10-12	0:38:19	28	5
31	HELEN LUCRE	F	61-70	0:38:39	29	1
29	GERHARD VAN ROOIJEN	M	61-70	0:38:56	37	3
21	DEREK CHADDERTON	M	41-50	0:39:28	38	7
53	MARCOS SILVA	M	41-50	0:39:35	39	8
42	KIM PARKES	M	61-70	0:39:47	40	4
65	PETER NEETHLING	M	41-50	0:39:49	41	9
34	JENNY IRELAND	F	61-70	0:41:54	30	2
227	SALLY PECKETT	F	51-60	0:41:55	31	5
15	CLAIRE COCKS	F	31-40	0:42:02	32	6
77	TOM PHILLIPS	M	61-70	0:42:05	42	5
211	ANGELIKA SANDRI	F	61-70	0:42:18	33	3
2	ALAN SERRURIER	M	61-70	0:42:22	43	6
225	ANTHONY HALLIDAY	M	41-50	0:42:35	44	10
205	SHARON HOLDEN	F	41-50	0:43:12	34	5
206	CAROL REEVES	F	31-40	0:43:14	35	7
45	LESLEY SEACH	F	51-60	0:43:38	36	6
58	NATASHA SWART	F	41-50	0:43:57	37	6
224	NADINE WEBB	F	31-40	0:43:59	38	8
3	ALVY MURRAY	M	51-60	0:44:58	45	7
1	ABRI KRITZINGER	M	31-40	0:45:22	46	7
18	CORNELIUS SCHENCK	M	41-50	0:47:42	47	11
69	RUSSELL WARREN	M	51-60	0:50:48	48	8
11	CATHARINA WARREN	F	41-50	0:50:53	39	7
66	PETRUS MAY	M	61-70	0:51:52	49	7
218	TIM HANCOCK	M	61-70	0:53:14	50	8
67	PIERRE LOMBARD	M	13-30	0:54:06	51	11
216	CORNE VAN NIEKERK	F	13-30	0:54:17	40	11
208	CLINTON EVANGELIDES	M	61-70	0:55:14	52	9
26	FIONA MILLAR	F	51-60	0:55:16	41	7
73	SHENAAZ KAZI	M	51-60	0:55:19	53	9